

# tenerife!

*awakens emotions!*



**Goio**   
Your travel partner in Tenerife

  
**BIOSPHERE**  
certified destination

**Canary Islands**   
LATITUDE OF LIFE

**tenerife!**  
*awakens emotions!*

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- An average annual temperature of 23°C, with warm summers and mild winters.
- 2,034 km<sup>2</sup> in size.
- 3,000 hours of sunlight per year.
- Nearly 400 km of coastline and some 70 km of beaches.
- 43 protected nature areas (48% of the Island).
- More than 800 species of local flora and fauna.
- Modern network of motorways and full bus service. Tramway in the metropolitan area.
- The euro is the official currency.
- Two airports, one in the south (Tenerife Sur) and one in the north (Tenerife Norte), with flights to over 150 cities around the world.
- Two international cruise ports.
- Between 2 and 4 hours by plane from the main Spanish and European airports.
- Two UNESCO World Heritage Sites: the Teide National Park and the city of La Laguna.

# The isle of Treasures

Average annual temperature of 23°C

■ Tenerife is a volcanic island in the Atlantic Ocean where winter seems like spring thanks to the fabulous average year-round temperature of 23°C. A place where the people are genuinely friendly, an idyllic paradise with such diverse scenery you'll think you were at a thousand places around the world at the same time, or even on the moon: the Teide National Park (a huge volcanic area straight out of the movies) will make you believe you've travelled to a different planet.

Tenerife is a holiday destination offering hundreds of things to do, seducing and enticing visitors from all over the world to its beaches to

enjoy some relaxation, sunbathing and water sports; or to immerse themselves in magical natural settings that range from surreal desert landscapes to lush green mountains. And all within easy reach. An island offering so many ways to have fun and those who know us return year after year to relive incredible experiences and happy memories.

You'll find modern accommodation, endless activities and ideas, exquisite cuisine, traditions, culture, a safe environment and hospitality. What more do you need? Just come ready to have the best time of your life.



“Those who know us return year after year to relive incredible experiences”



Playa de El Socorro  
Los Realejos

# Feel the warmth of the sun and the people

## Compelling reasons to visit the Island

■ There are so many reasons to come we simply cannot mention them all. So here there are just a few examples of why Tenerife is a top destination:

### 1 A climate of wellbeing.

Say goodbye to the stressful daily routine. The sunny weather is beneficial for your physical and spiritual harmony. We have a powerful ally: the mild temperatures on the Island all year round, so every day becomes a chance to unwind and enjoy the simple pleasures of life. Enjoy the outdoors, stroll through the streets and along sea-front promenades, breathe...

### 2 Everything for everyone.

Tenerife has something for all visitors, whatever time of the year you decide to come. Come alone, bring your family, your partner, friends or even your pet (which are welcome at many establishments).

### 3 Outstanding nature.

Beaches of white or even black sand, laurel forests surviving from the Tertiary Period, and Mount Teide. The natural diver-

sity of the Island offers strikingly different scenery around every corner, as observed by Alexander von Humboldt or Charles Darwin himself during their stay on Tenerife. Its ever present volcanic origins can be best explored by taking one of the many spectacular island tours on offer.

### 4 Choose what you like the most.

Choose between water sports and activities at the beach or in the mountains. Take in the best of rural life, go whale and dolphin spotting, have fun at theme parks or playing golf. Go hiking, diving, stargazing and let yourself go during nights of partying. Indeed, there's so much to do it would be easier to tell you the things it's not possible to do on the island of Tenerife.

### 5 Make shopping an art.

You can come just for the shopping and spend as much time as you like indulging in your favourite pastime. **There's no VAT – IGIC (local tax) is applicable here, generally at 7%, making**

everything cheaper- plus you'll find all the top boutiques and fashion houses. Add to that all the luxury you desire, magnificent villas, plush limousines and sleek yachts and you have the kind of holiday that will make everyone back home green with envy when you recount your adventures.

[webtenerife.co.uk/activities/shopping/](http://webtenerife.co.uk/activities/shopping/)

### 6 Clear blue skies.

The skies of Tenerife are so pure and clear that it is regarded as one of the best places in the world for stargazing. It is home to the prestigious Canary Islands Astrophysics Institute along with huge telescopes - including the Gregor solar telescope - used by leading Spanish and international scientists attempting to unravel the mysteries of the Universe.

### 7 The perfect fusion.

On Tenerife, the islanders live life with passion and we always have a happy smile on our faces. **Our sweet, friendly nature means we welcome all visitors with open arms** (for instance, we make every effort to give precise directions). This is the

“There’s so much to do, it would be easier to tell you the things it’s not possible to do on the island of Tenerife”

Teide National Park

result of our fusion of Spanish and European forefathers, combined with a strong American and African influence. Many have decided to stay and live here having got to know us during their holidays.

### 8 Authentic flavours.

This will be your greatest discovery. The local cuisine is a delicious combination of the best Atlantic and Mediterranean food, creating exquisite dishes made from fresh local produce that simply make your mouth water.

### 9 Relax day and night.

Tenerife is a Spanish, European and family destination. A safe island in every sense, where calm and tranquility reigns, allowing you to enjoy a relaxing, carefree holiday with the added assurance of knowing that, if the need arises, you have a comprehensive health-care network at your disposal.

### 10 Closer than you think.

The island is very close to mainland Spain and Europe, just a two to four-hour flight away. Many

flights depart for Europe each day and the island's location makes it a tri-continental platform and a nexus for bonds and development between Europe, America and Africa.

### 11 Get in shape.

Our climate, the chance to train both at sea level and at altitude, modern facilities and accommodation with all the comforts of home and more lead innumerable professional athletes (we are referring to European, World and Olympic champions) to choose Tenerife every year for their demanding and intense training programmes. Cycling, swimming, athletics, beach volleyball... Just like them, you can also enjoy your favourite sport on the Island.

### 12 The sustainable island.

Tenerife is an environmentally-conscious island. Bioclimatic houses designed by ITER (Technological Institute of Renewable Energy) offering holiday accommodation and taking full advantage of natural resources for domestic use, our zero-emission tramway or the



constant acknowledgment of our hotels for their commitment to sustainability are just some of the examples of the environmental awareness that abounds on the island.

### 13 Move with ease.

Tenerife is the largest of the Canary Islands but not too big to travel around - visitors can journey from one end of the island to the other in a day. Distances are easily manageable – you can travel around the island on public transport or by hire car if you prefer more flexibility. Tenerife's relatively small size has another positive thing: it's impossible to get lost on the island.

# 10 Tenerife essentials



mire ground breaking buildings like the Auditorio de Tenerife, the International Trade Fair and Conference Centre, both of which are by Santiago Calatrava, and the TEA, Tenerife Art Space, by Herzog and De Meuron. At La Laguna, a UNESCO world heritage site, traditional mansions and courtyards stand out, just as beautiful as those of other historical centres that are also worth a visit, such as La Orotava, Garachico and Icod de los Vinos, to mention just three of all those awaiting our visitors as they make their way around the Island.

**Exquisite cuisine.** Tenerife's gastronomy has evolved in recent years and has given rise to creative and original cuisine, with quality products such as tuna, bananas and avocados, all accompanied by local wines, whose history dates back to the 15th century. The grape varieties, the climate and the specificities of the Island's volcanic soil give our wines unparalleled originality and personality. What's more, five of the Island's restaurants have Michelin stars, reflecting the quality of a cuisine that's worth savouring.

**A paradise for families.** Tenerife is somewhere you can have a great time with the youngest members of the household. Not only because of all the Island's attractions and opportunities for enjoyment, like its

beaches and mountains, but also because of the various theme parks scattered north to south, where the fun never stops! From Siam Park, a water park with rides and slides for children and adults, to Loro Parque, a zoo with all kinds of animal species (both considered the best in the world in their categories by TripAdvisor). Many establishments have also chosen to focus on families, paying special attention to this group of travellers.

**Pure, clear skies.** Tenerife's skies are believed to be some of the best on the planet for stargazing, thanks to how clean and clear they are. The prestigious *Instituto de Astrofísica de Canarias* (Canary Islands Astrophysics Institute) has its headquarters on the Island, and they have telescopes set up for national and international teams of scientists to work. Visitors can also enjoy a spot of stargazing - there are companies that offer telescope observation activities, with a specialist guide and refreshments.

**A world of traditions.** Tenerife is an authentic Island for traditional celebrations. The *romerías* (religious pilgrimages) are one of the best examples of Canary Islands culture. From March to September the carts, oxen and typical food, including potatoes and special sauces, and local wine and meat as protagonists, take over the Island's villages. The days of the

year on the Island are also full of popular festivals, many of which are clearly religious in nature. Easter Week, particularly at La Laguna, and Corpus Christi, with an obligatory stop at La Orotava to admire their flower tapestries and the Teide sands, are highly recommended. And in February Carnival takes over the Island, particularly the capital, Santa Cruz, with one of the world's brightest, most colourful and well attended celebrations.

**Everything for your well-being.** As a holiday destination, Tenerife brings together the best of everything, including an exceptional four and five star hotel offering and numerous spas and wellness centres for relaxing, as well as a stunning climate. But also, the Island has a full modern healthcare infrastructure and professionals with national and international experience, making it the perfect place to combine a stay with the possibility of undergoing medical treatment or surgery with the maximum guarantees and certifications, as required as part of the European Union. Not forgetting the significant financial savings that the Island offers compared to other countries.

■ Tenerife is a tourist destination that offers hundreds of options to enjoy. **Here are 10 essentials that you shouldn't miss during your trip to the Island:**

**Idyllic (and wonderful) nature.** Tenerife has 43 protected spaces, covering almost half of its land mass (48%). These include Teide National Park, which has been declared a UNESCO World Heritage Site. At 3,718 metres, the Teide is Spain's highest peak. It's a volcanic space where a cable car with spectacular views takes you up almost to the summit. At the Anaga and Teno Country Parks, with their laurel forests — a relic of the Tertiary period — you'll be amazed at the giant ferns and a magical fairy tale feel. The Cliffs of Los Gigantes, which rise to 600 metres above sea level, are another of those places that will leave you hypnotised.

**Endless leisure choices.** Fun is part of the Island's DNA - *dream beach clubs and roof top bars*, original and varied shows, and festivals with the most glittering stars of the global

music scene, as well as one of the world's best Carnivals. The leisure offering on Tenerife also includes other options, such as laying back on any of its incredible beaches to sunbathe or doing one of an endless choice of activities like kayak, windsurfing, scuba diving or surfing. Also within your reach are cycling, hiking, or paragliding to fly over the Island's incredible landscapes.

**Refreshing beaches and swimming pools.** Tenerife's beaches marry perfectly with the sun to serve up a cocktail that attracts millions of visitors every year. With golden or black sands (the black coming from the Island's volcanic origins, such as the spectacular Benijo), there are beaches north and south, and they give you the opportunity to swim and sunbathe to your liking. Natural pools created by solidifying lava are an equally authentic and gratifying alternative, for example at Bajamar, Punta del Hidalgo and Garachico.

**The incredible experience of spotting cetaceans.** In the waters to the south of the Island, around three miles from the coast, you can

cruise among cetaceans 365 days a year. Tenerife is one of the best places in the world to spot them, home to a stable colony of bottlenose dolphins and around 400 pilot whales. It's as easy as taking a trip from one of the ports on the south of the Island, from which boats that are authorised to provide this service depart.

**Towns and villages brimming with charm.** At Santa Cruz you can ad-



## The best climate in the world

■ Tenerife's greatest asset is the fact that the sun shines every day and seeing the sun rise above the horizon each morning imbues everyone on the island with a sense of joy. Sunshine also has many health benefits. It relaxes, tones, activates your defences, relieves stress, balances the nervous system and makes your skin look great. It's an effortless, restorative treatment that keeps on working without your even noticing. In the evenings, its subtle rays create breathtaking sunsets that paint the sky fiery red and golden orange. And best of all, it's free.

The trade winds are a perfect accompaniment, providing a wonderful contrast to the sun of Tenerife. They improve the climate and help create our spring-like temperatures - both in summer and winter - which have long led doctors and therapists from all over Spain to advise their patients to spend time on the Island as a remedy for their ailments.

And does this suffice to explain why Tenerife is one of Europe's most popular holiday resorts? That, and its beaches.

# Summers full of colors

Playa La Tejita,  
El Médano



## The beaches and you

On the island, you have around 70 kilometres of beaches where you can enjoy many activities such as pedalos, jet skis and parasailing. Or you can just relax, let the sea breeze cool you down and have a quick dip whenever you fancy... then repeat everyday till you have an amazing suntan. You can't say we don't make it easy for you.

Most of Tenerife's beaches have the blue flag because of their water quality, the services they offer and their accessibility.

You will find those with golden sand mainly in the southern area. Las Vistas, Las Galletas, El Médano, Torviscas, Fañabé or Abama are some of them.

Around the metropolitan area, the most famous is called Las Teresitas, in Santa Cruz, the Island's capital. Some 1.5 kilometres in length, its golden

sands and close proximity to the small coastal town of San Andrés make it ideal for a relaxing day sat under a tropical palm tree (while in the area, you can also visit the nearby Anaga Rural Park, declared a Biosphere Reserve by Unesco in 2015 and its lush green forests dotted with white houses).

Due to its volcanic origins, Tenerife also has beaches of black sand, mainly in the north of the Island. On such beaches, your skin soaks up their famous mineral salts which reduce stress and increase blood circulation, among other benefits. The secluded beaches of El Bollullo and Los Patos are both away from traditional tourist routes. The most popular beaches include Playa Jardín, in Puerto de la Cruz; El Socorro, in Los Realejos; and

San Marcos, in Icod de los Vinos. A great way to enjoy the sea on the Island is to visit the natural pools formed long ago by lava as it flowed into the ocean. The most popular are Bajamar, Punta del Hidalgo (La Laguna), San Juan de la Rambla (Charco La Laja) or Garachico (El Caletón).

[webtenerife.co.uk/what-see/beaches/](http://webtenerife.co.uk/what-see/beaches/)

“Due to its volcanic origins, Tenerife also has beaches of black sand, mainly in the north of the Island”

# Laurel Forests, tranquility and ferns

Hiking  
Mountain biking  
Climbing  
Paragliding  
Canyoning  
Caving  
Bird watching  
Stargazing  
Horse riding

Left  
Anaga Rural Park

Right  
Teide National Park

“Tenerife boasts  
43 protected nature  
areas which occupy  
half of the Island”



## Experience nature

■ Tenerife boasts 43 protected nature areas which occupy half of the island. Outstanding landscapes to see, such as the Laurel Forests, a lush magical relic from the Tertiary Period, or El Acantilado de Los Gigantes (The Giant Cliffs), which can reach up to 600 metres in height, but above all, you have endless options for outdoor activities. For instance, hiking. It's one of the best ways to explore Tenerife's amazing variety of natural beauty spots along hundreds of kilometres of signposted trails.

In order to decipher all that Tenerife's countryside has to offer, we recommend visiting the **Sendero de los Sentidos** (Path of the Senses) in the Anaga Rural Park, a true natural landscape with information panels that will help you to stimulate your sight, hearing, touch and smell.

The list of outdoor activities to choose from during your holiday includes many others. From riding through spectacular landscapes on your **mountain bike** (there are routes for all levels), to **climbing** the many rock walls and mountains in the north, centre and south of Tenerife. The Island is also a leading European destination for **paragliding** thanks to the air quality and climate. We have over 100 sites that are ideal for this increasingly popular sport.

We also suggest you try **canyoning**, an activity attracting new participants on the Island every day and for which there are a great many suitable canyons (Tenerife is criss-crossed by hundreds of them); and **caving**, to explore underground caverns hidden beneath our feet.

One activity which cannot be enjoyed anywhere else is the chance to explore a lava tube such as **Cueva del Viento** (Cave of Wind), at Icod de los Vinos ([www.cuevadelviento.net](http://www.cuevadelviento.net)). Around 17 kilometres in length, it is the longest in Europe, offering an unforgettable journey into the depths of the Earth and a perfect chance to discover the Island's volcanic past.

**Bird watching.** The Canary Islands and Tenerife are the first places you can see birds on their annual migration to Equatorial Africa. Go **stargazing** because the Island has some of the clearest and least polluted skies in the world, are two more great options for enjoying the open air. If you prefer, the many **horseback trails** all around the Island offer another fun way to explore Tenerife.

[webtenerife.co.uk/what-to-do/nature/](http://webtenerife.co.uk/what-to-do/nature/)

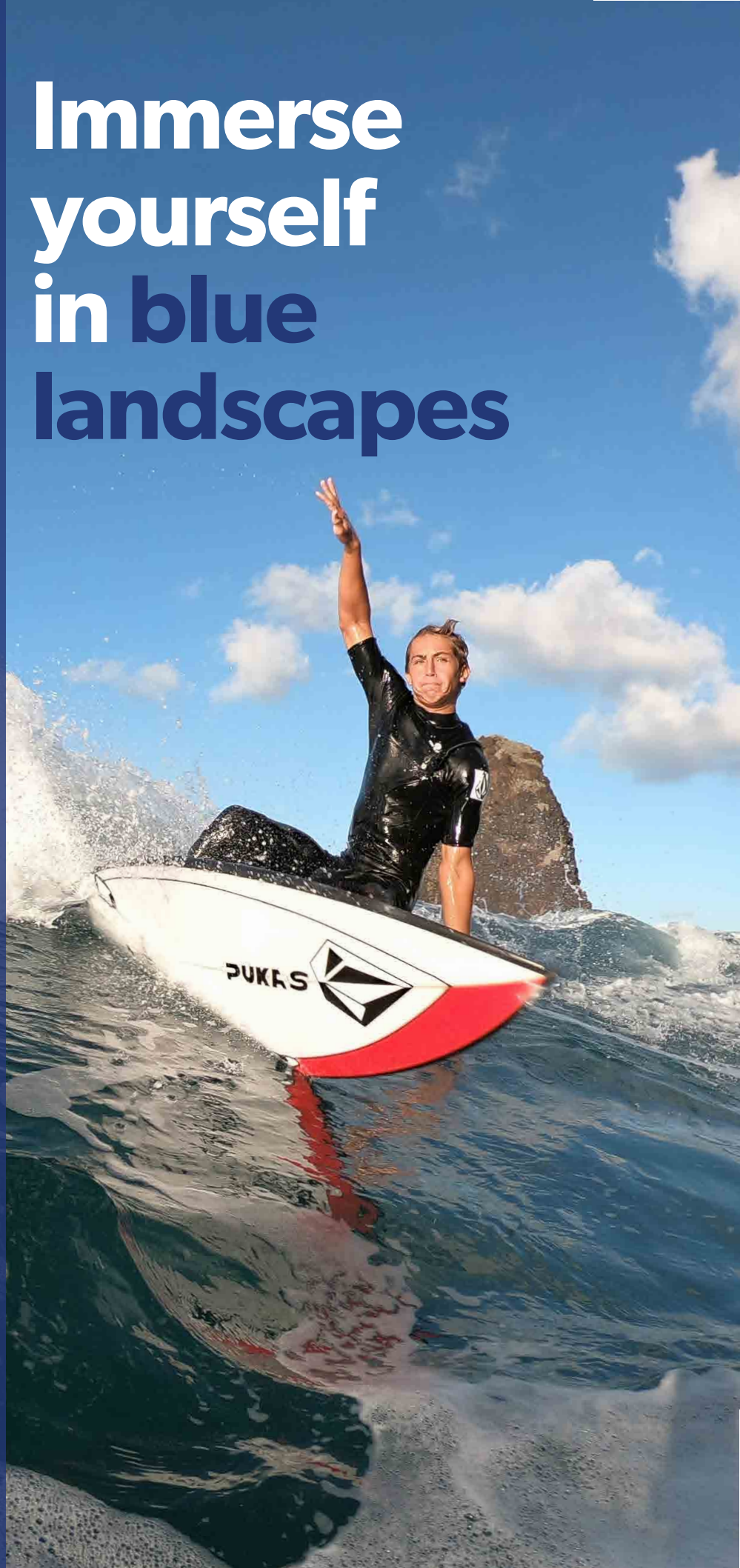


# Immerse yourself in blue landscapes

## Dive in!

■ There are as many things to do in the water as on land. The crystal-clear waters of the Atlantic around Tenerife, combined with the rich diversity of marine life, make it a veritable treasure trove for all who enjoy diving, as well as those who wish to try this exciting sport for the first time. Above the waves, windsurfing and kitesurfing (El Médano is a paradise for those who enjoy such sports), surfing and the more sedate kayaking are options which, together with deep-sea fishing and sailboat trips, complete a full range of water activities for both experts and beginners alike.

**deep-sea fishing,  
sailboat trips,  
windsurfing,  
kitesurfing,  
kayaking  
and diving**



## Practice. Win

■ It's no secret that success in sport is based upon a rigorous training programme, yet the conditions and the environment in which it is undertaken are equally important. **Tenerife is the ideal destination for the training of professional athletes as well as, of course, amateurs and enthusiasts.**

**Tincer Stadium**, in Santa Cruz, which has a unique design recognised around the world and provides the most advanced training facilities; **or the Tenerife Top Training (T3)** high performance centre, in La Caleta, Costa Adeje, boasting some of the most modern installations in Europe, **are**

**two of the Island's more notable sports infrastructures.** These, combined with our fabulous year-round climate, attract hundreds of professional sports people and teams - especially from Europe - to Tenerife every year for intense and comprehensive training programmes in preparation for major events.

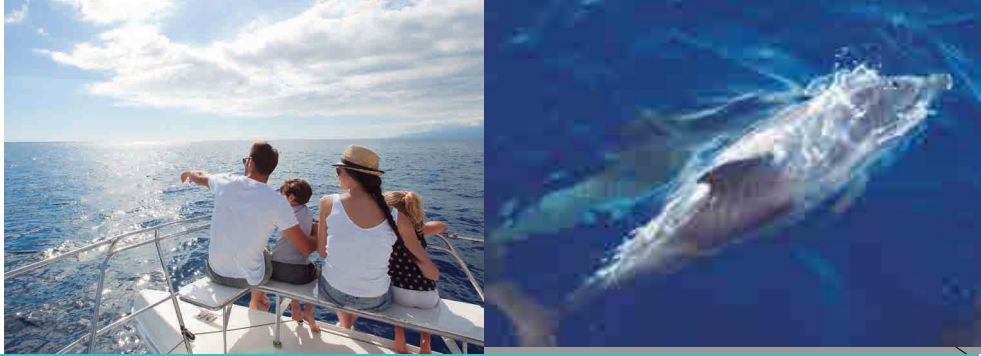
The long list includes British football clubs Newcastle, Swansea and Everton, along with Elfsborg from Sweden, as well as national swimming teams from the UK, France, Germany, Holland, Italy, Switzerland and Spain. Big-name athletes such as German

swimmer Britta Steffen, number one in her country; her team mate Paul Biedermann, 200m free-style world champion in Rome, or sailing champion Paul Goodison (gold medal at the Beijing 2008 Olympics). The top Spanish beach volleyball team, Herrera and Gavira, have their training camp here, and world-class cyclists such as Bradley Wiggins (winner of the 2012 Tour de France and the time trial at the London Olympics), Tour de France champion Chris Froome, Alberto and Alexander Vinokurov, come to train on Tenerife's roads. Now all we need is you.

[webtenerife.co.uk/what-to-do/sports/](http://webtenerife.co.uk/what-to-do/sports/)



Cetaceans  
365 days  
a year



Tenerife is today a top destination for whale and dolphin watching. 21 of the world's 79 species of dolphins and whales inhabit our waters, including a permanent colony of some 500 pilot whales and 250 bottlenose dolphins. They are most commonly found in the waters between the south coast Tenerife and the island of La Gomera,

place known/recognised as World Heritage Site - first Heritage Site of Whales of Europe and third in all the world - They also very close to shore, about three miles, allowing them to be seen all year round by going on one of the special daily boat trips that set out from the ports of Los Cristianos (Arona), Colón (Costa Adeje) and Los Gi-

gantes (Santiago del Teide). In order to ensure the very highest standards for this whale and dolphin watching service, the companies involved have signed a quality charter whereby they commit to upholding certain rules aimed at safeguarding users and respecting all species which have made their home in the southern waters of Tenerife.

Whale and Dolphin Watching

| Port           | Boat                          | Web                           | Telephone        |
|----------------|-------------------------------|-------------------------------|------------------|
| Los Cristianos | Mar De Ons Tenerife           | www.mardeons-tenerife.com     | + 34 922 751 576 |
| Los Cristianos | Neptuno Whales Experience     | www.barcostenerife.com        | +34 922 798 044  |
| Las Galletas   | Picarus Sailing               | www.picarussailingclub.com    | +34 656 634 228  |
| Playa San Juan | Sea Passion Charter & Fishing | www.seapassion.es             | +34 686 476 534  |
| Puerto Colón   | Shogun II                     | www.barcostenerife.com        | +34 922 798 044  |
| Puerto Colón   | Atlantic Eco Experience       | www.atlanticecoexperience.com | +34 638 770 306  |
| Puerto Colón   | Big Smile Luxury Charters     | www.bigsmilecharters.com      | +34 654 615 701  |
| Puerto Colón   | Bonadea II                    | www.bonadea2catamaran.com     | +34 618 132 729  |
| Puerto Colón   | Exmaran                       | www.exmaran.com               | +34 608 039 163  |
| Puerto Colón   | Freebird One                  | www.freebirdone.com           | +34 922 716 864  |
| Puerto Colón   | Royal Delfin                  | www.tenerifedolphin.com       | +34 922 750 085  |
| Puerto Colón   | Ocean Blue Tenerife           | www.oceanbluetenerife.com     | +34 626 002 205  |
| Puerto Colón   | Roulette Charter              | www.roulettecharters.com      | +34 670 960 261  |
| Puerto Colón   | Seaquestff                    | www.tenerifewhalestour.com    | +34 679 829 823  |
| Puerto Colón   | White Tenerife                | www.whitetenerife.com         | +34 822 109 137  |
| Los Gigantes   | Flipper Uno                   | www.flipperuno.com            | +34 922 862 120  |
| Los Gigantes   | Masca Express                 | www.mascaexpress.com          | +34 607 169 886  |
| Los Gigantes   | Maritima Acantilados          | www.maritimaacantilados.com   | +34 922 861 918  |



More information  
on the Quality  
Charter

Cetaceans,  
the Island's other population

“21 of the world's  
79 species of dolphins  
and whales inhabit  
our waters 365 days  
a year”

Whale and Dolphin watching  
off the south coast of the island

# Mt. Teide

Journey to the Centre of the Earth

## The force of a volcano

■ **Teide National Park, UNESCO** World Heritage Site with over three million visitors year, is the best and most famous place see volcanic phenomena on the whole island of Tenerife. No words can truly do it justice: majestic, breathtaking, unique... thing's for sure; you'll be simply astounded by the colours and the wild force which imbue this surreal landscape overlooked by Spain's highest peak at 3,718 metres above sea level. It is home to many local species of fauna and flo-

ra, such as the Teide violet or Tenerife bugloss whose bright colours stand in stark contrast to the thousands (yes, thousands) of tonnes of ochre lava in this truly unique landscape. You can enter Teide National Park from the south and north of the Island in your own vehicle or by "guagua", the local word for bus. To round off the experience, a modern cable car takes you 200m from the volcanic cone. If you wish to reach the very summit, you must first request a permit via the park's

website - [www.reservasparquesnacionales.es](http://www.reservasparquesnacionales.es) The more adventurous visitors can walk up to the Altavista mountain refuge (must be booked in advance). After following a winding trail for 3 hours, they spend the night at the refuge before facing the final challenge - a one-hour walk to the very summit of Mount Teide. From there, they can enjoy the sunrise and, on a clear day, breathtaking views over the other six Canary Islands and feel literally on top of the world.

“A modern cable car takes you within 200m of the summit”



Left / Right  
Teide National Park  
Bottom  
Mt. Teide cable car

## Live your volcanic experience

The Island's volcanoes represent so much more than just Mount Teide. From beaches to canyons, lava flows through the very veins of the whole Island, a spectacular result of Tenerife's volcanic birth. To enable you to explore and fully enjoy this aspect of the Island, **we've recently marked out five areas** which best showcase Tenerife's volcanic attractions: from visits to wine cellars offering produce whose colours and flavours reflect the Island's magmatic nature through to restaurants serving "volcanic" dishes, diving trips to see underwater eruptions, walks to get a close-up view of craters, volcanic cones and vents... The five areas, which encompass the entire Island, are: "Territorio Antiguo"-The Old Territory, "Volcanes Legendarios"-Legendary Volcanoes, "Los Dos Valles"-The Two Valleys, "Tierra de contrastes"-A Land of Contrasts and "El rincón de la luz"-Land of Light.

You can find more information at [www.webtenerife.co.uk](http://www.webtenerife.co.uk)



**Cable car:**  
on Mt. Teide  
Crt. Orotava Granadilla s/n  
38300 Santa Cruz de Tenerife  
Telf. 0034 922 010 440  
[www.telefericoteide.com](http://www.telefericoteide.com)  
[teleferico@telefericoteide.com](mailto:teleferico@telefericoteide.com)

**Bookings for the Refuge**  
[www.telefericoteide.com/altavista](http://www.telefericoteide.com/altavista)

**Visitor's Centre Telesforo Bravo**  
C/ Dr. Sixto Perera González, 25.  
El Mayorazgo.  
38003 La Orotava  
Tel.: 922 92 23 71  
Email: [teide.maot@gobiernodecanarias.org](mailto:teide.maot@gobiernodecanarias.org)  
[www.magrama.gob.es/es/red-parques-nacionales/nuestros-parques/teide/guia-visitante/telesforo-bravo.aspx](http://www.magrama.gob.es/es/red-parques-nacionales/nuestros-parques/teide/guia-visitante/telesforo-bravo.aspx)

This visitor's centre is open mornings and afternoons from 9:00 to 14:00 and 15:30 to 18:00. Open from Tuesday to Sunday.

**Pico del Teide access permit**  
[www.reservasparquesnacionales.es](http://www.reservasparquesnacionales.es)

# Our climate is not the only luxury



“Luxury villas where privacy and exclusive areas afford you the ideal setting for a relaxing break”

## Indulge yourself

Tenerife offers something for everyone, including those seeking the most exclusive holiday. You'll find many and five-star hotels on an island boasting some of Europe's highest quality accommodation. We also have **luxury villas, usually within the hotel grounds, where privacy and exclusive areas such as gardens and swimming pools, along with first-class room service, create the perfect setting for a select, relaxing break.**

Round off the experience with a sailboat the chance to hire a limousine or top-of-the-range vehicle, spend afternoons even whole days) shopping at boutiques and shops pertaining to the most exclusive fashion houses, for which you

can even have your own personal shopper. If you'd like to take home a souvenir, we suggest a traditional handmade item such as pottery or embroidery.

[www.webtenerife.co.uk/activities/shopping/](http://www.webtenerife.co.uk/activities/shopping/)

Visiting Tenerife also provides a great chance to treat yourself a little and have your body and mind pampered by professional experts at over **a dozen SPA centres offering everything from traditional treatments through to the latest techniques involving volcanic rocks, seaweed, Tibetan massage, fruit or chocolate body-wraps...** Alongside establishments specialising in thalassotherapy, there are

also many beauty salons, natural medicine centres and all manner of therapies for you to enjoy. In recent years, the Island has also become a leading healthcare destination, endorsed by its clinics and health centres equipped with state-of-the-art technology and top professionals, offering the most advanced treatments available. You also have access to a comprehensive network of rehabilitation centres for all pathologies.

Tenerife Select is the brand created by Turismo de Tenerife and encompassing the Island's most exclusive tourism attractions, offering short breaks for any time of the year: the best choice for those wishing to pamper themselves unique

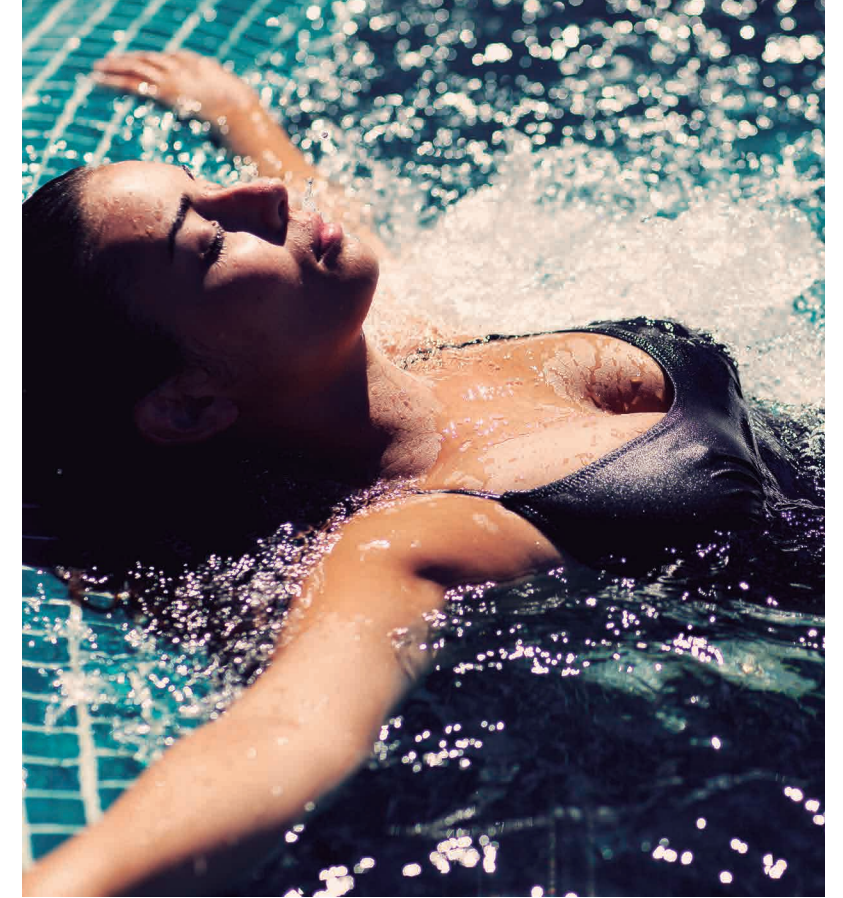
experience. It brings together hotels, restaurants, theme parks, show venues, leisure companies and even a network of private clinics to satisfy the highest demands.



## Blessed spas

Not only do Tenerife's natural assets give you energy and vitality but a visit to one of the spas, located across the island, allows time for relaxation. A trip to a spa gives you time to switch off and forget about the daily routine and feel renewed both in body and mind.

A number of these facilities are located within upmarket hotels and resorts and offer a wide variety of treatments. Guests can choose from traditional Oriental therapies with hot stones, aromatherapy, exfoliation therapies and others to combat stress. Spa lovers can go the extra step and enjoy fruit masks, oxygen therapy, snow cabins, the Photon capsule...



## Medical Tourism in Tenerife

Tenerife's beaches, nature and weather make the island an attractive destination for millions of visitors every year – and they also make the island the perfect place to undergo a medical treatment.

Tenerife boasts a hospital network with leading qualified professionals and the latest technical and surgical advances. Their treatments and surgeries are second to none. These centres meet the medical and sanitary standards of an EU

country but with significant economic advantages over most European countries and America.

This network has a dedicated customer service team for international patients, which speaks eight different languages. Furthermore, if required, it is possible to arrange transfers, accommodation pre and post treatment and to organise additional leisure activities.

[webtenerife.co.uk/healthtourism/](http://webtenerife.co.uk/healthtourism/)

# The fairway ends at the Atlantic



■ A great way to combine your stay on the Island with a rewarding activity is to enjoy some golf, whether you're an enthusiast or an expert. The spring climate of Tenerife enables you to play all year round, even in summer, when courses have special offers and the mild, pleasant climate makes this sport even more enjoyable. Its nine original courses - including El Tecina on the nearby island of La Gomera, designed by top experts and with between 18 and 27 holes, make Tenerife a veritable paradise for golfers. If you add the vast range of supplementary attractions, including all manner of excellent golf establishments and facilities, combined with a wide variety of leisure activities, an unforgettable stay is guaranteed both on and off the green.

[www.webtenerife.co.uk/golf](http://www.webtenerife.co.uk/golf)



# Tailored stays

A vast array of four and five-star hotels provide exclusivity and services such as spas, gyms and jacuzzis.

## Choose where to stay

You'll find accommodation that adapts perfectly to your holiday needs. The leading Spanish and international hotel groups all offer accommodation on the Island, ensuring **quality, prestige and expertise through a wide range of four and five star hotels providing exclusivity and services such as spas, gyms and jacuzzis.**

Be it the south, the north or the metropolitan area of the Island, you'll have more than one hundred hotels and fifty apartment complexes to choose from.

Family oriented, ideal for couples or specialising in business travellers; with golf courses; next to the beach or in busy shopping areas; above high cliffs or nestled among vines and banana trees; in popular tourist areas or in the city; modern or traditional... There are also smaller yet equally welcoming places such as hostals and guest houses.

If we had to define the concept of a rural house in Tenerife, we would say something like this: it is the chance to stay in a completely natural environment but with all the comforts that will make your stay enjoyable. It's simple, and at the same time, accurate. On the island you can choose from a wide range of this type of accommo-

dation. From restored mansions and carefully renovated farm houses to homes of contemporary design. But all have a common characteristic: their location in natural spots where your spirit will find peace. They blend into the surroundings without attracting attention, and many are located in one of the 43 protected natural areas around the island, such as magical laurel forests or endless pine forests surrounding the Teide National Park ... The choice yours. People who opt for this type of lodgings really value the fact that they not only allow them

physical and mental distance from their busy daily lives, but also enable them to adapt to the peaceful rhythm of the countryside and its customs and take part in outdoor activities. Above all, while taking a breath of really pure air.

Hiking, biking and bird watching are some of the activities but you can also join in other more relaxing ones but equally suggestive. How about a visit to an organic farm or a wine cellar where unique wines are made. It

could not be easier to enjoy nature to the fullest. To experience that feeling of going to sleep under the stars in the company of the wonderful sound of silence. Shhh ...

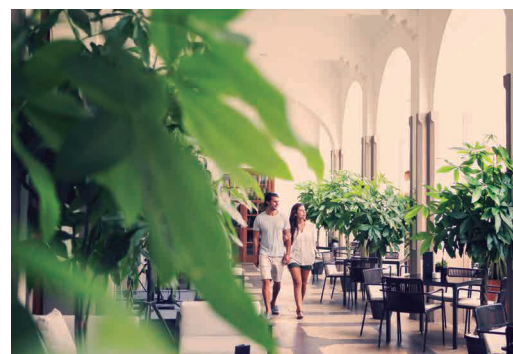
[webtenerife.co.uk/accommodation](http://webtenerife.co.uk/accommodation)

**El Parador del Teide Hotel.** It gives you the chance to stay in one of the world's most beautiful places, in the very heart of the National Park. An excellent starting point for guided trips, stargazing or moonlight walks.

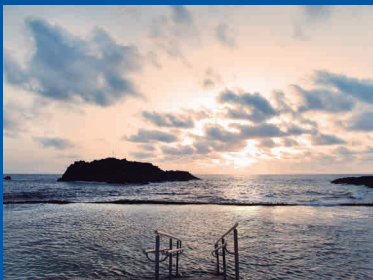
Another, highly original way to explore the Island is the so-called Cruise & Stay. Travellers coming here to board a cruise ship based at the Port of Tenerife seize the opportunity to stay a few days and enjoy all that our Island has to offer.

Detailed information on all of the Island's hotels is available at:

[webtenerife.co.uk/accommodation/](http://webtenerife.co.uk/accommodation/)



# Tenerife: an accessible destination



■ The island also offers a safe and comfortable holiday for people with reduced mobility or language impairments. Many of Tenerife's beaches, city centre squares and leisure facilities are equipped for the whole family to enjoy the outdoors.



Both in the north and in the south, the island has 12 beaches equipped for travellers with reduced mobility to enjoy. It is worth highlighting Las Vistas Beach, in Arona, which features a support service team, including the provision of crutches and amphibious chairs for swimming in the sea, as well as designated rest areas.

Another of the island's attractions is MUNA (Museum of Nature & Archeology) in Santa Cruz, which gives an insight into the pre-Hispanic "guanches" that once lived on the island. For a more active experience, Tenerife has several accessible trails to discover the island's natural beauty – the Teide National Park and Anaga Rural Park are home to some of these.

This website [www.tenerife-accessible.org](http://www.tenerife-accessible.org) has all the information needed to check the accessibility levels of all Tenerife tourist attractions.

## Language Learning



■ Learning a language is no longer a fad, but rather an opportunity to improve our abilities and to increase our possibilities for personal and professional development.

Thanks to its climate and leisure

options, Tenerife is emerging as a destination for language learning – travellers interested in learning or improving their Spanish can find language schools to cater for all levels. These centres offer group and individual classes, intensive courses

and complementary activities for language learning so it is fun and engaging and not only an academic pursuit.

[webtenerife.co.uk/what-to-do/learn-spanish/](http://webtenerife.co.uk/what-to-do/learn-spanish/)



# Tradition sets us apart

## Major events

### January

Fiesta de San Sebastián in Adeje.  
Canary Islands Music Festival.

### February

Carnaval.  
Fiesta de las Candelas.

### March

Easter in La Laguna.  
Representación de la pasión in Adeje.

### April

Traditional Pilgrimage de San Marcos in Tegueste.

### May

May festivities in Santa Cruz with traditional dancing Mueca Street.  
Art Festival in Puerto de la Cruz.  
Canary Islands Day, 30/05.  
Holy Cross Festivity in Los Realejos and firework show, 3/05.

### June

St. John's Day Festival.  
Corpus Floral Carpets in La Orotava.  
Romería de San Antonio in Granadilla.

### July

El Carmen Festival.  
Traditional Pilgrimage de San Benito in La Laguna.  
Fimucité: Tenerife International Film Music Festival.

### August

Tejina Festival of Hearts.  
Festival of the Virgin of Candelaria.  
Traditional Pilgrimag San Roque in Garachico.  
Traditional Pilgrimag San Agustín in Arafo.

### September

El Cristo de La Laguna.  
Festival Traditional Pilgrimag del Socorro in Güimar.  
Traditional Pilgrimag de San Miguel.  
Romería Barquera in El Médano.

### October

Battle of Lepanto reenactment in Valle Guerra.

### November

San Andrés Wine Festival, in Icod de Los Vinos.

### December

Christmas Concert by Tenerife Symphony Orchestra.  
Los Silos International Festival of Tales.



Page 30  
Carnival

Left  
History Museum,  
San Cristóbal de La Laguna

Right  
Corpus de la Orotava

## We're authentic

### Popular festivities

■ Tenerife is proud of its authentic traditions, fiestas, gastronomy and friendly people.

Religious festivals and processions are a prime example of local culture. From March to September, ox-drawn carts, traditional food, local wines and meats take centre stage in towns and villages all around the Island. Islanders wearing bright and colourful 'mago' costumes (traditional local dress) accompany 'parandas' (traditional folk groups) playing Canary Island folk tunes and are the stars of the show at the festivals in Tegueste, San Benito (La Laguna) and San Roque (Garachico), three of the most popular festivities.

## “Tenerife is proud of its authentic traditions”

Popular fiestas are held throughout the year, many of a religious nature. **Holy Week**, especially in La Laguna, or the **Corpus Christi** celebrations, most notably in La Orotava where you can enjoy tapestries made from flowers and sand from Mount Teide, are highly recommended.

Other major festivities include the celebrations in honour of the **Virgin of Candelaria**, an exquisite religious statue and Patroness of the Canary Islands; and the opening of the **wine cellars** to sample the new wine at Icod de los Vinos, inducing local youngsters to launch themselves downhill on wooden boards in a breakneck, hair-raising descent.

### Carnivals

More than any other festivities on the Island, there is one extra special occasion: **the Carnivals**, which transform Tenerife and its people every February. Those of Santa Cruz, a Festival of International Tourist Interest, are the largest in Europe and over the course of several weeks thousands of locals and visitors alike fill the city with sequins, feathers, music and non-stop fun day and night to celebrate one of the safest festivals to be enjoyed anywhere. The best way to really join in with this party of all parties and make sure you have the time of your life is to wear fancy dress, or at the very least a colourful wig and face paint.

### Cultural activities

Culture also plays a vital role on the Island of Tenerife. Many cultural attractions and venues await

you, such as the **Leal Theatre** in La Laguna and **Guimerá Theatre** in Santa Cruz, the **Tenerife Auditorium** (designed by architect Santiago Calatrava) or the **Tenerife Espacio de las Artes** art centre, TEA (by the prestigious architects Herzog & De Meuron), which are well worth visiting for their architectural value alone.

The **MUNA (Museum of Nature & Archeology)**, the **Museum of Science and the Cosmos** (offering hands-on experiments) or the **Military Museum** ensure a day of fun and learning for all the family.

Make the most of your stay to enjoy some of the many cultural festivals held on the Island: **the Canary Islands Music Festival**, the **Opera Festival**, the **Tenerife Festival of Dance**, the **Atlantic Jazz Festival**, **Los Caprichos Musicales de Isla Baja** music festival, the **Festival of Brazilian Music**, the **Canary Island Puppet Festival**, the **Folk and Roots Festival** or the **Mueca International Street Arts Festival** in Puerto de la Cruz.

To make sure you don't miss a thing, you can find information on all the museums and scheduled events at:

[webtenerife.co.uk/events/](http://webtenerife.co.uk/events/)

# Seductive colours enticing flavours

## Sample the best of the Island

■ The local gastronomy is a further example of Tenerife's authenticity and certainly the most delicious. Dishes made from local produce creating a marvellous fusion between traditional and avant-garde. Potatoes, 'mojos' (sauces), gofio' (toasted corn meal), cheese, fish, honey... the islanders love of excellent food has led its local cuisine to be included in the prestigious club known as Saborea España Tasting Spain), which encompasses the finest gastronomic destinations in Spain.

A great way to sample Tenerife's cuisine is to try one of the island's local delicacies. The papas arrugadas" ("wrinkled potatoes") with red and green "mojos" (paprika and green coriander sauces) are a must but there are plenty of dishes such as the Canarian stew mixed vegetables and meat) and grilled sardines to excite food lovers. Desserts are widely

enjoyed on Tenerife and promise to be finger-licking-good. Honey is a very popular dessert ingredient and the most unusualtasting type of honey is obtained from endemic species such as the Teide broom.

Traditional marketplaces and street markets in towns and villages all over the Island offer wonderful fresh produce, often grown on organic farms, and are busy meeting points where you can share experiences with islanders who have expert knowledge of the area.

Tenerife wines are unique in the world for their different, original flavour and the sacrifice needed to make them in steep hand-cultivated vineyards often in narrow, remote areas. These elements, coupled to a nutrient-rich volcanic soil, give characteristics that, from the sixteenth century onwards,

were recognized in Europe. It may surprise you to know that especially the wine trade with the UK was extraordinary in that period. The most important thing is that the popularity of the island's wines has continued until today.

Different types of soil and climatic zones of Tenerife (north-south-coast-lower hillsmountain and cold-temperate climate) mean that wines produced in one part of the island have nothing to do with those produced few kilometres away. And that is one of the specific traits of Tenerife wines - their great diversity. In Tenerife there are five denominations of origin: Tacoronte-Acentejo, Ycoden-Daute-Isora, Valle de la Orotava, Abona and Güimar Valley. Each produces both red and white wines with a strong personality such as Malvasía or Malmsey. You can try one and think that you've tried them all

but you could not be more wrong. So a good tip during your stay is to have lunch or dinner at local restaurants on the island and ask for wines from Tenerife. As well as being the perfect accompaniment to traditional dishes, local wines will make your experience even more delightful.

You will remember our island fondly in your memories for the wines that stole your heart.

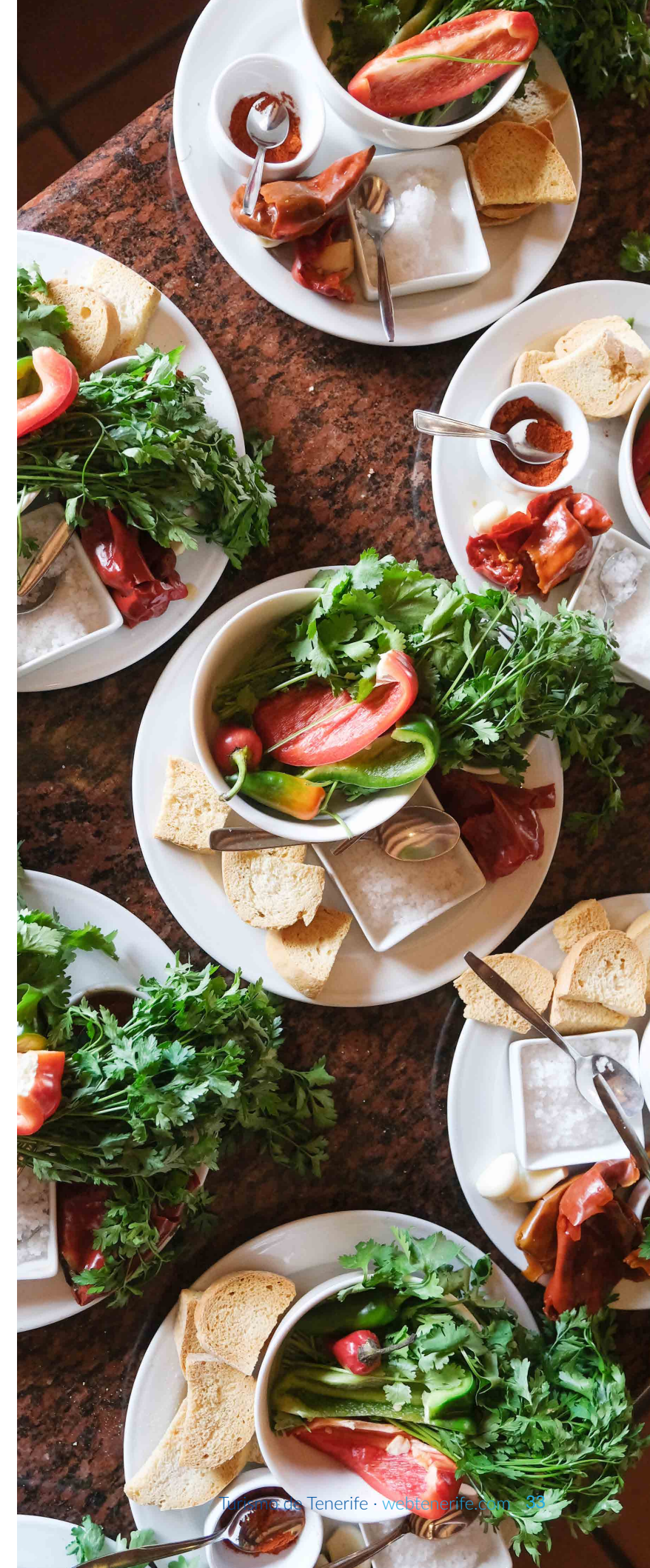
**[webtenerife.co.uk/tenerife/gastronomy/wines/](http://webtenerife.co.uk/tenerife/gastronomy/wines/)**

There's a type of establishment on the Island known as a guachinche. These small, familyrun eateries, often improvised on the terrace or in the garage of rural houses, only open at certain times of the year to offer wine from their own harvest accompanied by two or three traditional dishes at very affordable prices. Such establishments have deep roots on the Island, and islanders will be delighted to tell visitors how to find them.

Our only recommendation: be sure to visit them.

Restaurants & Wineries  
**[webtenerife.co.uk/what-to-do/eat-drink/](http://webtenerife.co.uk/what-to-do/eat-drink/)**

“Tenerife has five restaurants that hold six Michelin stars between them. This is recognition of the quality of its gastronomy and its chefs”





# Smiles of all sizes



## Have fun day and night

There's no time to be bored on Tenerife, which has many theme parks where you can enjoy unforgettable experiences. Open all year, they are the perfect supplement to all the activities and places to discover on your holiday.

**Siam Park** (Costa Adeje) is Europe's largest water park, occupying 185,000 square metres. Entirely themed on the Kingdom of Siam, it boasts some amazing attractions: an artificial white-sand beach with three metre-high waves, the Tower of Power (the second highest 'kamikaze' water slide in the world) and many others, ensuring a fun day out with family or friends.

**Loro Parque**, in Puerto de la Cruz, is an incredible wildlife park and aquarium visited by millions of people each year. The orca show is the star attraction, though the penguins come a close second, living in an exact replica of their

natural frozen habitat; Katandra Treetops, an aviary with hundreds of birds from around the world, Bengal tigers, dolphins... and, of course, all the fun of the parrot show. Parque Loro (Spanish for Parrot Park), has the best and largest collection of these intelligent, friendly birds in the whole world.

**In the south of the Island you can visit Jungle Park**, a jungle setting full of wild animals and there's even a bird of prey freeflight exhibition including eagles. Emulate your favourite racing driver at **Karting Club Tenerife** or enjoy the thrills and spills of the water slides at **Aqualand**; so many things to do during your holiday, and what better way to round it off than a visit to **Forestal Park**, an adventure playground boasting over a hundred tree-top attractions where Tarzan would feel right at home.

[webtenerife.co.uk/what-to-do/leisure/parks/](http://webtenerife.co.uk/what-to-do/leisure/parks/)





# Great days. better nights



Enjoy  
unforgettable  
experiences



## Welcome to the Party

■ When the sun goes down, Tenerife truly comes to life. Our excellent climate allows you to enjoy a drink at an open-air terrace bar any time of the year. Some have sea views, others are in parks, amid busy shopping streets, at marinas...

You can try your luck at blackjack, poker or roulette at the Island's three luxury casinos: Las Américas (ground floor of the prestigious Hotel Gran Tinerfe), Santa Cruz Hotel Mencey and Puerto de la Cruz (at the Lago Martiánez swimming pool complex).

[www.casinostenerife.com](http://www.casinostenerife.com)

Classical music and jazz concerts or performances by the biggest

stars of the moment are just a few other options to make your stay on the Island even more memorable. The year-long schedule of festivals and events offers every imaginable style to suit all tastes. Plus, every day you have the chance to see original live shows at the many venues and night clubs in both the north and south of the Island. **Venues such as Ábaco, Hard Rock Café Tenerife and Blanco Bar.**

The spectacular Magma Arte & Congresos, on Costa Adeje, plays host to a wide range of cultural events (concerts, musicals, exhibitions) which we highly recommend during your stay with us, as well as the Infanta Leonor Auditorium in Arona.

For those who were born to party, every trend and ambience is on offer at pubs and clubs open every night of the week; or dance till dawn at a disco to the sound of rock, pop, house, techno or salsa.

On Tenerife, the party is non-stop, it's up to you to say when the night has ended. You can choose sessions by famous Spanish and international DJs at festivals and clubs all over the Island, or bars and venues where lovers of techno and chill-out will reach the very peaks of ecstasy. A more relaxed option is the moonlight beach parties offering great music and excellent company.



# Tenerife no limits



## You set your own limits

If you like giving it your all and never giving up, Tenerife is ideal for you. For some people a holiday is not a holiday without doing their favourite sport. Tenerife is for you if your idea of relaxation is to ride into the horizon on a road or mountain bike, take to the windswept shores on a windsurfing board, put your trainers on and run across mountains; or zip up your wet suit and dive into the Atlantic Ocean. Your relaxation is to do what you want to do, where ever and when ever you want this is the closest you come to happiness.

Only when you manage to do that kite surfing stunt that seemed impossible; when you move faster across the water while doing stand up paddle boarding or kayaking; when you climb to the top of a rock that looked too high to climb; when the trail walk gets hard on your legs but you keep walking without giving up...only then is when you take a break and rest: when you realise that there're no limits to what you can achieve.

Thanks to its excellent conditions, the island is appreciated by professional sports people who come to train and prepare for elite competitions. Cyclists Chris Froome and Alexander Vinokurov, swimmer Britta Steffen; tennis players Ana Ivanovich and Tomas Berdych; football teams; national swimming teams... are some of the athletes who train in Tenerife.

[www.webtenerife.co.uk/tenerifenolimits/](http://www.webtenerife.co.uk/tenerifenolimits/)



Left  
Magma Congressos,  
Costa Adeje

Right  
Playa del Duque  
beach,  
Costa Adeje

Bottom  
Tenerife Auditorium,  
S/C de Tenerife

# Have fun on business

## Tenerife Convention Bureau (TCB)

### A destination for conferences and events

■ Tenerife is also an ideal destination for conferences, events and incentive trips. A comprehensive network of ultra modern conference centres and accommodation able to provide every convenience and cater to any needs allows us to attract large groups, even in excess of 5,000 people.

Our vast array of supplementary facilities, including all manner of leisure activities, ensures a successful outcome for any event held on the Island. **Tenerife Convention Bureau** is the Turismo de Tenerife department in charge of promoting the Island as a destination for conferences, events and incentive trips.

[webtenerife.co.uk/tenerifecb](http://webtenerife.co.uk/tenerifecb)



“Clash of the Titans and Wrath of the Titans, the latest Fast and Furious movie and the classic One Million Years B.C. were all filmed here”

# The end

## Tenerife Film Commission (TFC)

### Tenerife is cinema

■ Tenerife's 2,034 km<sup>2</sup> of land area encompasses a huge diversity of landscapes, making it a unique setting for all kinds of filming and photography. A natural, minicontinent-like stage endowed with virtually every possible landscape: idyllic beaches, Mars-like environments, forests from the dawn of time... An interesting fact: our 3,000 hours of sunlight per year mean our Island is frequently chosen by film producers, media and all manner of companies to conduct their business in an exceptional setting. To that end, the Island has set up the Tenerife

Film Commission (TFC), the Turismo de Tenerife department in charge of promoting the Island as a movie set.

**Clash of the Titans and Wrath of the Titans, Fast and Furious 6, the classic One Million Years B.C.** (starring Raquel Welch) or the Spanish film **Una hora más en Canarias** (With or Without Love), **Wonder Woman, Rambo V** or **Jason Bourne** are just some of the movies which have used our Island as the perfect backdrop for their stories.

[webtenerife.co.uk/tenerifefilm](http://webtenerife.co.uk/tenerifefilm)

San Cristóbal de La Laguna

# Live the past today



left  
La Orotava

Top right  
San Cristóbal de La Laguna

Bottom  
Garachico



## World heritage and culture

■ Mother Nature made part of the island her own. She created a spectacular volcanic land of incalculable value. She gave us sun, **Mount Teide, the laurel forests, beaches...** and then, man took care of the rest. Tenerife boasts a cultural heritage on a par with its natural beauty which, in combination, create the complete holiday destination.

Cultural features on the island that you can enjoy on foot are the historic areas of its cities and towns. **La Laguna is a Unesco World Heritage Site; Garachico has been awarded the Gold Medal for Fine Arts; La Orotava is an acknowledged Historical Artistic Site, and Icod de los Vinos is a site of Cultural Interest.** These and many other examples perfectly illustrate the Canary Islands' rich architectural traditions, where the typical wooden balconies - usually made of pitch pine - stand out for their intricately beautiful carvings. There's never sufficient time to fully admire each town's

churches, convents, historic buildings, plazas, fountains, palaces... In addition to these edifices, some of which date back over 400 years, Tenerife is also renowned for its avantgarde architecture. Santiago Calatrava has left his mark on such buildings as the **Tenerife Auditorium** and the **International Trade Fair and Conference Centre**. Its curved lines and open spaces have become icons within the works of this international figure from Valencia.

The prestigious Swiss architects Herzog & De Meuron have also left their creative mark on the **Tenerife Espacio de las Artes (TEA) arts centre**, and the remodelling of the centrally located **Plaza de España de Santa Cruz**, whose original creations include vertical gardens and delicate teardrop-shaped lamps.

Indeed, the entire Island is a reflection of unforgettable culture and heritage to make your stay with us a truly wonderful experience.

### Museums to find out more

Tenerife's museums host exhibitions and collections that perfectly compliment a day out on the island. There is a public network of museums offering a wide range of options that combine expanding your knowledge with having a fun and pleasant time.

**Museums** across Tenerife promise to expand your knowledge on nature and natural history in a fun and informative way and are great places to start or finish off a day out on the island.

The MUNA (Museum of Nature & Archeology); the Museum of Science and the Cosmos; the Museum of History and Anthropology; and the Centre for Canarian-Latin American Documentation are all worth a visit.

[museosdetenerife.org](http://museosdetenerife.org)  
[webtenerife.co.uk/activities/culture/museums/](http://webtenerife.co.uk/activities/culture/museums/)

If you are thinking about Tenerife,  
Don't look at what you are going to do.  
Rather, ask yourself,

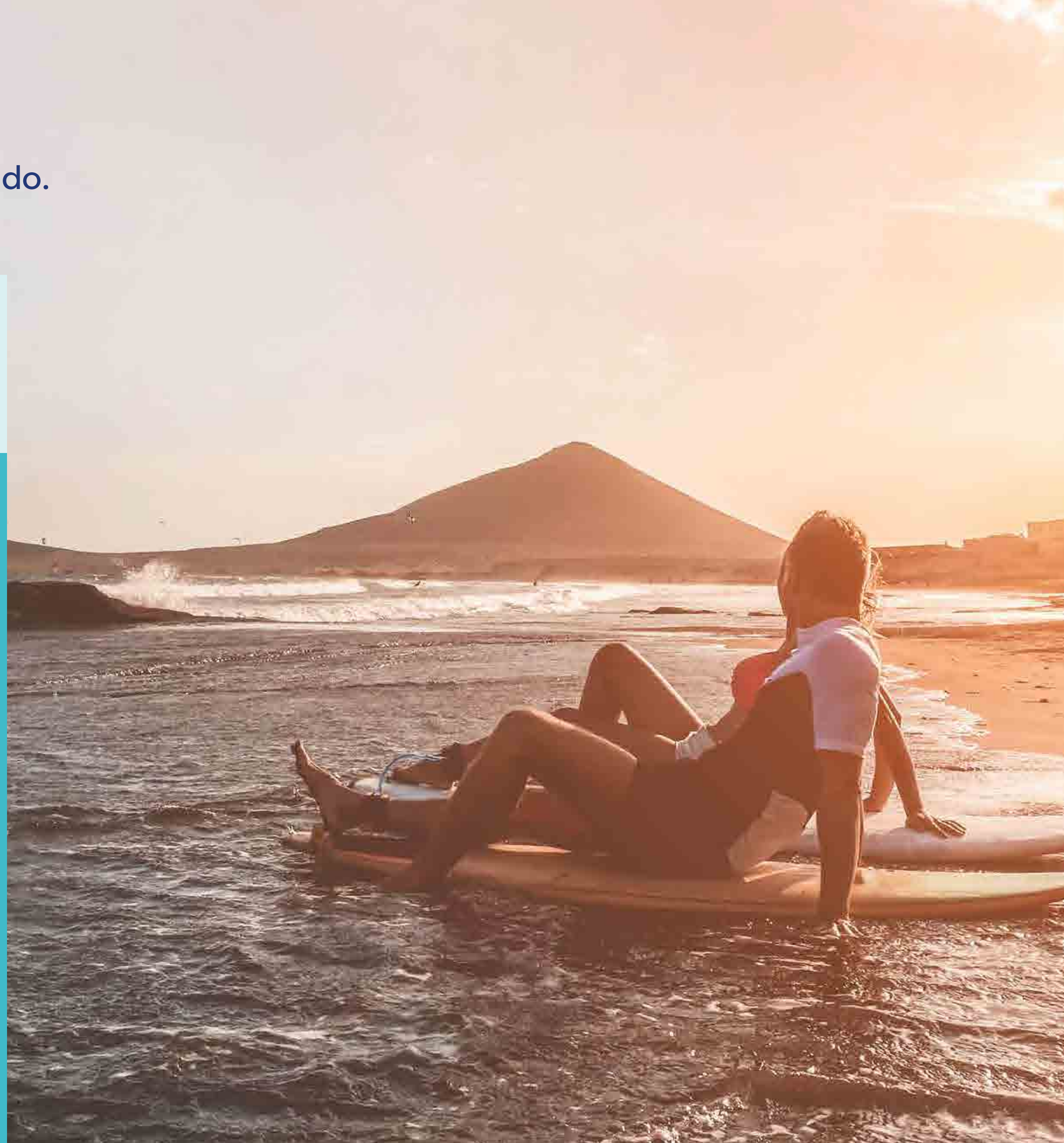
# How you are going to feel.

Because when we speak about emotions – good and positive feelings – we find a language that fits in perfectly with what we are, our energy, our character and our purity. And that can be captured visually.

## Here, people can feel

- **Love**, for our abundant and diverse nature.
- **Enjoyment**, with its open-air sports, its nature trails, its music, its roof-top bars and its beach clubs.
- **Hope**, of finding the best version of you, thanks to this sun and our beaches
- **Serenity**, that comes from hearing the splashing of our families of cetaceans.
- **Interest**, because of the charm of the people, its universal heritage and the avant-garde nature of its architecture.
- **Pride**, in its gastronomy and its incredible wines.
- **Joy**, expressed through leaps and bounds.
- **Inspiration**, connecting you to the universe.
- **Surprise**, because of the colours of its traditions and its culture
- **Gratitude**, at being able to say... wow, how cool!

**Tenerife. Awakens emotions.**



Symbols

- Visitor centre
- Refuge, Hostel
- Airport
- Port
- Heritage
- Whale Watching
- Marina
- Golf Course
- Teide National Park
- Dragon Tree
- Cable Car
- Tourist Attractions

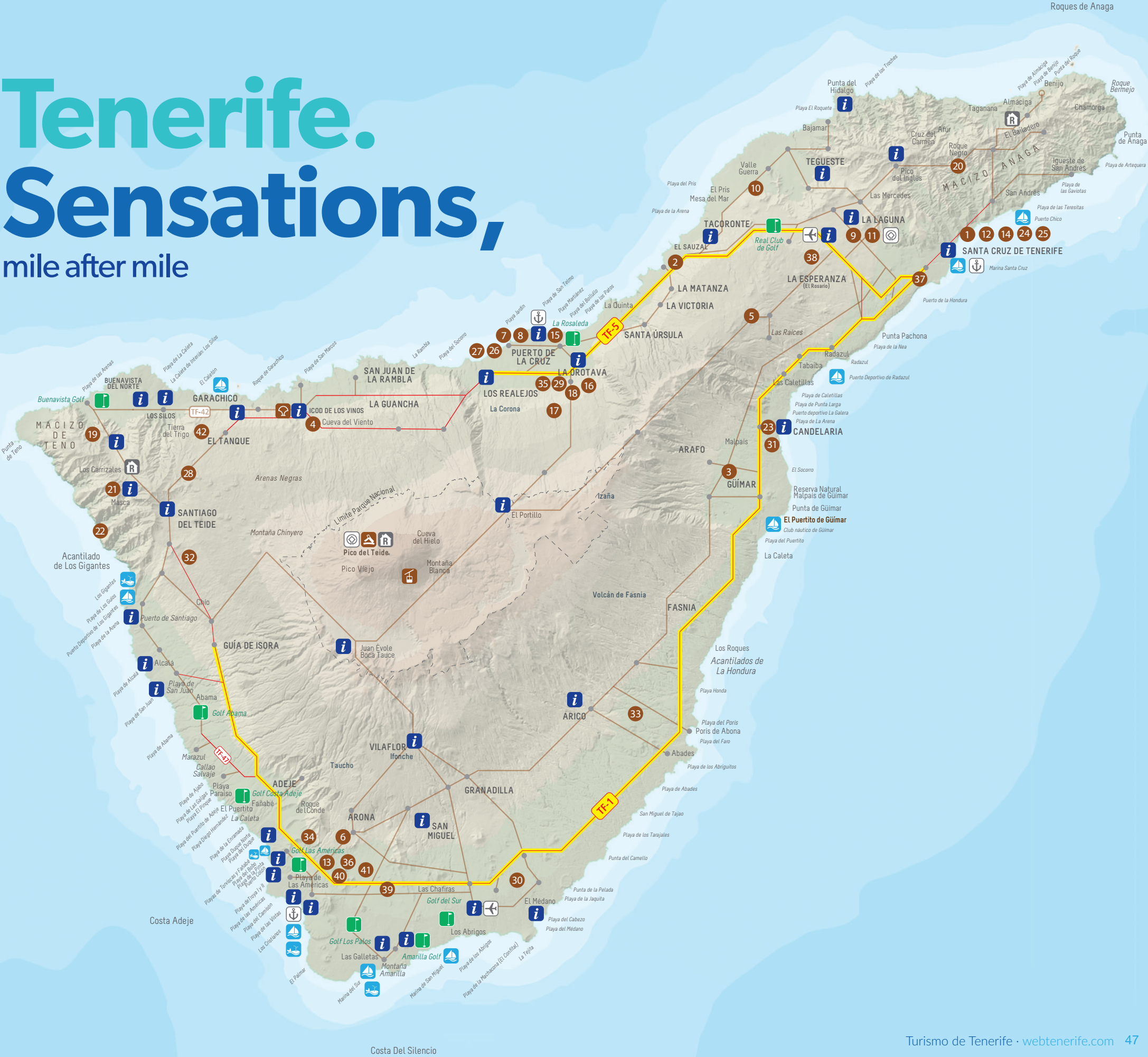
- 1 Tenerife Auditorium
- 2 Casa del Vino
- 3 Pyramids of Güimar
- 4 Cueva del Viento
- 5 Forestal Park
- 6 Jungle Park
- 7 Loro Parque
- 8 Archaeological Museum of Puerto la Cruz
- 9 Museum of History and Anthropology of Tenerife
- 10 Museum of History and Anthropology of Tenerife, Casa de Carta
- 11 Science and The Cosmo Museum
- 12 Museum of Nature & Archeology (MUNA)
- 13 Siam Park
- 14 TEA, Tenerife Space of Arts
- 15 The Eduardo Westerdahl Museum of Contemporary Art
- 16 Tenerife Latin American Craftwork Museum
- 17 Carpets Museum
- 18 Casa Lercaro - Site of Cultural Interest
- 19 Rural Park of Teno
- 20 Rural Park of Anaga
- 21 Caserio de Masca
- 22 Acanitlados de los Gigantes (Los Gigantes Cliffs)
- 23 Cathedral of Candelaria
- 24 The San Cristóbal Castle Interpretation Centre
- 25 Palmetum
- 26 Botanical Garden
- 27 Sitio Litre Gardens
- 28 EcoMuseum El Tanque
- 29 Center of Interpretation Telesforo Bravo
- 30 Cave of the Holy Brother Pedro
- 31 Pottery Center Casa Las Miquelas
- 32 Pottery Center Cha Domitilia
- 33 Historic Site of Arico el Nuevo
- 34 Aqualand Costa Adeje
- 35 The house of the balconies
- 36 Camel Park
- 37 Karting Indoor Tenerife
- 38 Karting Canarias
- 39 Karting Club Tenerife
- 40 Monkey Park
- 41 Aloe Park
- 42 Camello Center

- Motorway
- Road

# Tenerife.

## Sensations,

mile after mile



# Whatever you seek in Tenerife...

Just ask Goio!

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