

# Tenerife Health Destination



**TENERIFE**  
100% LIFE

**Goio**   
Your travel partner in Tenerife



# Medical and wellness tourism in Tenerife

The qualities of Tenerife, the mainland of the Canary Islands, as a tourist destination are known to the millions of travellers who visit each year. Its major attractions include: an average annual temperature of 22 degrees, a volcanic origin that has given rise to a diverse and stunning natural landscape, endless beaches, among the best and most modern four and five-star hotels in Europe, multiple spa and wellness centres to relax, and its unlimited leisure options.

In recent years, the island has also established itself as an ideal destination for receiving top-tier medical or surgical treatment with the fullest assurances.

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# A PREMIER HEALTH TOURISM DESTINATION

Endless leisure options,  
professionals with extensive  
experience and health  
facilities, equipped with  
start-of-the-art technology.

## 10 REASONS



Tenerife offers the possibility of a stay that combines **tourism with medical or surgical treatment.**



It has **sanitary facilities equipped with the latest technological advances**, which meet the highest medical and sanitary certifications required as a territory of the European Union.



It has an extensive network of **fully-trained professionals with extensive national and international experience.**



Treatment in Tenerife facilities offer **significant economic advantages over most countries in Europe and the Americas**, while meeting the highest standards of quality.



Personalised attention in health centres, with interpretation available in up to **eight different languages**.



**Specific packages that cover any requirement**, including transfers, accommodation for the patient and companions, etc., before, during and after medical treatment.



**Air connections with approximately 150 destinations**, especially from Europe, but also from America and Africa, enabling comfortable and quick access to the Island.



A beautiful climate with an average annual temperature of **22 degrees Celsius**, an **astounding natural landscape**, as well as **endless leisure options**, make Tenerife an ideal place to rest after treatment or operation.



In Tenerife there are **hotels with magnificent spas and treatments**, where you can take advantage of **your holidays** to invest in health under the supervision of medical professionals, while also resting and relaxing.



Tenerife has two university hospitals where students of the Faculty of Medicine of the University of La Laguna receive training, **a guarantee of academic prestige in health**.

# Hospitals, clinics and medical centres



## Hospiten

The Hospiten Group is an international hospital network with 50 years of experience. Made up of 20 medical and hospital facilities, distributed in several countries, four of which

are in Tenerife: two in Puerto de la Cruz, one in Playa de las Américas and another in the capital of the island, Santa Cruz de Tenerife.

### Contact

Hospiten Rambla  
Rambla de Santa Cruz, 115  
38001 Santa Cruz de Tenerife  
Tel: 00 34 922 291 600  
rambla@hospiten.com  
www.hospiten.com

Hospiten Bellevue Tamaragua  
Urb. San Fernando. C/ Alemania, 6  
38400 Puerto de la Cruz  
Tel: 00 34 922 383 551  
bellevue@hospiten.com  
www.hospiten.com

Hospiten Sur  
C/ Siete Islas - Playa de las Américas  
38660 Arona  
Tel: 00 34 922 750 022  
sur@hospiten.com  
www.hospiten.com



## Quirónsalud

The largest hospital group of Spain, and third in Europe, has two hospitals with more than 200 beds in Tenerife, and these are equipped with the most advanced technology and a team of more than 500 highly qualified professionals covering all medical and surgical specialities.

Quirónsalud Tenerife, located in the capital, and Quirónsalud Costa Adeje, in the south of the island, also stand out for the recognised prestige of their specialists in orthopaedic surgery and traumatology, in plastic, aesthetic and reconstructive surgery and dermatology.

### Contact

Hospital Quirónsalud Tenerife  
C/ Poeta Rodríguez Herrera, 1  
38006 Santa Cruz de Tenerife  
Tel: 00 34 922 270 700  
www.quironsalud.es  
info.tenerife@quironsalud.es

Hospital Quirónsalud Costa Adeje  
Urbanización San Eugenio  
Edificio Garajonay s/n  
38660 Arona  
Tel: 00 34 922 752 626  
www.quironsalud.es  
info.adj@quironsalud.es



#### Contact

Tenerife Health  
International Services  
C/ Pi y Margall, 31  
38004 Santa Cruz de Tenerife  
Tel.: 0034 922 241 598  
thismedical.com/es/  
info@this.org.es

## THIS. Tenerife Health International Services

Tenerife Health International Services is the platform specialised in the organisation and promotion of health tourism that brings together some of the finest medical professionals of Tenerife.

The purpose of THIS is to offer and coordinate high-quality specialist medical services along with a dream holiday on an island that is the paradise of eternal spring.



#### Contact

Vida Clinic & Medical Centres  
C/ General Las Arenas, 73  
38400 Puerto de la Cruz  
Tel.: 0034 922 382 317  
www.clinicasvida.es  
clinicasvida@clinicasvida.es

Vida Clinic & Medical Centres  
Urbanización San Miguel  
Calle Magnolias 2, La Orotava.  
Tel. 922 330550

## VIDA. Clinic & Medical Centres

Clinicas Vida has nine medical centres throughout the island and a clinic in the Orotava Valley. Quality medical care, well-established and prestigious professionals, advanced technology in diagnostic tests and superb personal care are its differentiating elements.

They also have a multilingual staff who are specially trained to treat international patients, provide medical care and treat people at home and in hotels.



#### Contact

Clínica Dental El Cedro  
C/ Tinerfe el Grande, 21. Local nº 2  
38670 Adeje  
Tel.: 0034 922 781 625  
www.clinicaelcedro.com  
infodentalclinic21@gmail.com

## El Cedro Dental Clinic

Directed by Dr. Bournay, the El Cedro Dental Clinic was founded in the year 2000 with the aim of offering dental treatments of superior

quality and meet the highest standards in oral health and aesthetics.



#### Contact

Medical Implant  
Avda. Los Abrigos, 21 - Los Abrigos  
38618 Granadilla de Abona  
Tel.: 0034 922 749 742  
www.medicalimplant.es  
info@dentalturismo.es

## Clínica Suiza Medical Implant

Clínica Suiza Medical Implant are specialists in advanced oral rehabilitation and aesthetic medicine. A team with more than 20 years of experience is at your disposal, ready to

provide personalised treatment combined with the scientific standards of major European clinics.



## CIDME. Clinic of Dental Implants and Aesthetic Medicine

CIDME is a multidisciplinary clinic in the field of dentistry, aesthetic medicine, plastic surgery, vascular medicine and hair transplants. They have three centres

in Tenerife: one in, Santa Cruz, another in La Laguna and one recently opened in the south of Tenerife, in the Palm-Mar.

### Contact

CIDME Santa Cruz  
Calle Calderón De La Barca, Nº4  
38005, Santa Cruz de Tenerife  
Tfno: 0034 922 299 864

CIDME La Laguna  
Calle San Juan, Nº57, 1ºB  
38203, La Laguna  
Tfno: 0034 922 266 430

CIDME El Palm Mar  
Avenida El Palm Mar, Nº69, local 7,  
Edificio Cape Salema  
38632, El Palm Mar-Arona  
Tfno: 0034 922 748 186



## Dialyse Teneriffa

Dialyse Teneriffa, located in a spectacular natural spot with sea views, offers a dialysis treatment service for patients on holiday with the latest technological advances and exclusive services. All of this is done with the objective of guaranteeing that the patient will enjoy his or her holidays to the full.

The monitors used at Dialyse Teneriffa are from the Fresenius Medical Care brand, as well as the filters, lines and other dialysis products. It is open throughout the year, offering patients an integral service, including collection from the airport, transport to the dialysis centre, exclusive breakfasts and special requests.

### Contact

Dialyse Teneriffa  
Calle Hondura, 10-L7  
Puerto de Santiago  
38683 Santiago del Teide  
Tfno:0034 922 86 80 12  
www.dialyse-teneriffa.com  
dialyse-teneriffa@hotmail.com

# Health & Wellbeing hotels & Spas

The majority of four- and five-star hotels in Tenerife have outstanding spas where you can rest and relax. Some of them offer different medical services and specialties, in addition to health and beauty treatments. Make the most of your holidays by investing in your health, under the supervision of professionals.





## Hotel Botánico & The Oriental Spa Garden

Owing to its elegant and tranquil atmosphere, this five-star deluxe hotel, located in Puerto de la Cruz, is one of the most famous hotels in the Canary Islands. The Oriental Spa Garden, named the Best Hotel with Spa of Europe by the prestigious luxury hotel guide Conde Nast Johansens, offers its clients a unique spa concept, inspired by Asian hospitality and

splendour, with a wide variety of Ayurveda treatments, health, beauty and the special Essence of Wellbeing programme, among others. In addition, it has the special program "Botánico Slim & Wellness", designed to create a natural balance in the body, lose weight and without going hungry, be able to enjoy top quality food.

### Contact

Hotel Botánico &  
The Oriental Spa Garden  
C/ Richard J. Yeoward, 1  
38400 Puerto de la Cruz  
Tel.: 0034 922 381 400  
www.hotelbotanico.com  
www.orientalspagarden.com  
hotelbotanico@hotelbotanico.com



## Océano Hotel Health Spa

The Ocean Hotel Health Spa -Tenerife is located on the seafront, in a special natural location. The hotel and its Health Spa combine holidays with preventive and regenerative medical care. The power of nature and of the Atlantic, the hospitality,

the wide range of therapies treatments, relaxation and vitality will enhance your experience in the Océano. Here time returns to its natural rhythm to highlight what is essential: living in the present and feeling in harmony with nature, beauty and oneself.

### Contact

Océano Hotel Health Spa  
C/ Océano Pacífico, 1. Punta del Hidalgo  
38240 La Laguna  
Tel.: 0034 922 156 000  
www.oceano-tenerife.com  
info@oceano-tenerife.com



## Iberostar Selection Antheia

This five-star hotel located opposite Fañabé Beach, in the south of Tenerife, is ideal for enjoying an unforgettable family holiday or a getaway for two. Its services include the MAYR KUR Treatment, in MAYR KUR SPACE: The Mayr cure seeks to regenerate the body through purging and deep detox.

Because its dynamic is holistic, it not only

regenerates the body, but also the soul, spirit and the intellect.

This treatment can be combined with an experience of unique sensations through the personalised care treatments in the Spa Sensations, the hydrowellness circuit, massages, body and facial treatments, colon hydrotherapy, etc.

### Contact

Iberostar Selection Antheia  
Avenida Ernesto Sarti  
38670 Adeje  
Tel.: 0034 922 713 335  
www.iberostar.com  
antheia@iberostar.com

www.mayrtherapie.com  
gustavo.pezzini@iberostar.com

## Hotel Bahía del Duque & Bahía Wellness Retreat

The Hotel Bahía del Duque is a haven of exclusivity and personalised service, notably its exquisite cuisine and the extraordinary Bahía Wellness Retreat, a refuge of peace and quiet ensconced in the heart of the Hotel. This unique space, featuring a unique circuit of thalassotherapy in the open air surrounded by gardens, is a sanctuary for disconnecting that offers a world of revitalizing experiences.

Bahía Wellness Retreat has a cutting-edge wellness team, so you can

enjoy a 360°wellness experience. Health and energy combine with the best holistic rituals to help you achieve the best version of yourself.

Expert therapists and specialists in physiotherapy, osteopathy, acupuncture, aquatic physiotherapy, physical and sports rehabilitation, cellular and orthomolecular nutrition, fitness, meditation and yoga accompany the guest on the road to recovery and well-being, strengthening and balancing body and mind.

### Contact

Bahía del Duque  
Avda. Bruselas, s/n. Costa Adeje  
38660 Adeje  
Tel.: 0034 922 746 900  
www.bahia-duque.com  
comercial@bahia-duque.com

# Specialist companies



...En la gloria Travel Agency with more than 20 years of experience in the health sector offers all kinds of treatments fully customized in different programs:

Health & Wellness Programs: with experiences to improve body and mind, along with unique tourist activities.

Medical Programs: with therapies and / or curative procedures with medical assistance

from professionals and health centers of first level at national and international scale.

"...En la gloria" follows a 360° method which allows to offer its clients comprehensive advice from their place of origin until they return to their destination: flights, transfers, hotel stays, translator service and accompaniment, together with a wide offer in holiday programs.

## Contact

...En la Gloria  
C/ Robayna, 1 con esquina Jesús Nazareno,  
Edif. Castillo  
38003 Santa Cruz de Tenerife  
Tel.: 0034 662 35 36 36  
www.tellevamosalagloria.com  
info@tellevamosalagloria.com



## Spawellplus

Medical Spa by Spawellplus integrates a concept of health and beauty where the spa is an environment of relaxation and intimacy, so that the result of the aesthetic medical treatment is especially effective. Its secret lies in taking care of the body from the inside out.

Spawellplus has a prestigious aesthetic medical team, physiotherapists, nutritionists, osteopaths, therapists and beauticians

committed to providing an excellent service. In addition, it also includes all the comforts of a Spa & Hotel: airport pick-up, VIP services, privacy and intimacy, availability to be accompanied or assist with the family, accommodation, meal service, gym, etc. Its spas are located in emblematic hotels on the Island (Gran Hotel Roca Nivaria, Sheraton La Caleta Resort & Spa, etc.).

## Contact

Spawellplus  
Adeje / Arona / La Laguna / Puerto de la Cruz / Santiago del Teide  
Tel. (+34) 922 072 364 / 662 646 510  
/ 682 594 695  
spa@spawellplus.es  
www.spawellplus.es

# Whatever you seek in Tenerife...

## Just ask Goio!

Visit [webtenerife.co.uk/goio](http://webtenerife.co.uk/goio)  
for all the answers you need  
during your trip to Tenerife



## #TenerifeHealth

[Contact Tenerife Health Destination](#)

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