Tenerife
Health Destination
The qualities of Tenerife, the mainland of the Canary Islands, as a tourist destination are known to the millions of travellers who visit each year. Its major attractions include: an average annual temperature of 22 degrees, a volcanic origin that has given rise to a diverse and stunning natural landscape, endless beaches, among the best and most modern four and five-star hotels in Europe, multiple spa and wellness centres to relax, and its unlimited leisure options.

In recent years, the island has also established itself as an ideal destination for receiving top-tier medical or surgical treatment with the fullest assurances.
A PREMIER HEALTH TOURISM DESTINATION
10 REASONS

1. Tenerife offers the possibility of a stay that combines tourism with medical or surgical treatment.

2. It has sanitary facilities equipped with the latest technological advances, which meet the highest medical and sanitary certifications required as a territory of the European Union.

3. It has an extensive network of fully-trained professionals with extensive national and international experience.
Treatment in Tenerife facilities offer significant economic advantages over most countries in Europe and the Americas, while meeting the highest standards of quality.

Personalised attention in health centres, with interpretation available in up to eight different languages.

Specific packages that cover any requirement, including transfers, accommodation for the patient and companions, etc., before, during and after medical treatment.

Air connections with approximately 150 destinations, especially from Europe, but also from America and Africa, enabling comfortable and quick access to the Island.
A beautiful climate with an average annual temperature of **22 degrees Celsius**, an astonishing natural landscape, as well as endless leisure options, make Tenerife an ideal place to rest after treatment or operation.

In Tenerife there are **hotels with magnificent spas and treatments**, where you can take advantage of your holidays to invest in health under the supervision of medical professionals, while also resting and relaxing.

Tenerife has two university hospitals where students of the Faculty of Medicine of the University of La Laguna receive training, **a guarantee of academic prestige in health.**
Hospitals, clinics and medical centres
Hospiten

The Hospiten Group is an international hospital network with 50 years of experience. Made up of 20 medical and hospital facilities, distributed in several countries, four of which are in Tenerife: two in Puerto de la Cruz, one in Playa de las Américas and another in the capital of the island, Santa Cruz de Tenerife.

Quirónsalud

The largest hospital group of Spain, and third in Europe, has two hospitals with more than 200 beds in Tenerife, and these are equipped with the most advanced technology and a team of more than 500 highly qualified professionals covering all medical and surgical specialities.

Hospiten

Quirónsalud Tenerife, located in the capital, and Quirónsalud Costa Adeje, in the south of the island, also stand out for the recognised prestige of their specialists in orthopaedic surgery and traumatology, in plastic, aesthetic and reconstructive surgery and dermatology.
**THIS. Tenerife Health International Services**

Tenerife Health International Services is the platform specialised in the organisation and promotion of health tourism that brings together some of the finest medical professionals of Tenerife. The purpose of THIS is to offer and coordinate high-quality specialist medical services along with a dream holiday on an island that is the paradise of eternal spring.

**VIDA. Clinic & Medical Centres**

Clinicas Vida has nine medical centres throughout the island and a clinic in the Orotava Valley. Quality medical care, well-established and prestigious professionals, advanced technology in diagnostic tests and superb personal care are its differentiating elements. They also have a multilingual staff who are specially trained to treat international patients, provide medical care and treat people at home and in hotels.
El Cedro Dental Clinic

Directed by Dr. Bournay, the El Cedro Dental Clinic was founded in the year 2000 with the aim of offering dental treatments of superior quality and meet the highest standards in oral health and aesthetics.

Clínica Suiza Medical Implant

Clínica Suiza Medical Implant are specialists in advanced oral rehabilitation and aesthetic medicine. A team with more than 20 years of experience is at your disposal, ready to provide personalised treatment combined with the scientific standards of major European clinics.
CIDME is a multidisciplinary clinic in the field of dentistry, aesthetic medicine, plastic surgery, vascular medicine and hair transplants. They have three centres in Tenerife: one in, Santa Cruz, another in La Laguna and one recently opened in the south of Tenerife, in the Palm-Mar.

Endless leisure options, professionals with extensive experience
and health facilities, equipped with start-of-the-art technology.
The majority of four- and five-star hotels in Tenerife have outstanding spas where you can rest and relax. Some of them offer different medical services and specialties, in addition to health and beauty treatments. Make the most of your holidays by investing in your health, under the supervision of professionals.
Owing to its elegant and tranquil atmosphere, this five-star deluxe hotel, located in Puerto de la Cruz, is one of the most famous hotels in the Canary Islands. The Oriental Spa Garden, named the Best Hotel with Spa of Europe by the prestigious luxury hotel guide Conde Nast Johansens, offers its clients a unique spa concept, inspired by Asian hospitality and splendour, with a wide variety of Ayurveda treatments, health, beauty and the special Essence of Wellbeing programme, among others. In addition, it has the prestigious collaboration of the plastic surgeon and cosmetic physician Dr. Krulig.
Océano Hotel Health Spa

The Ocean Hotel Health Spa -Tenerife is located on the seafront, in a special natural location. The hotel and its Health Spa combine holidays with preventive and regenerative medical care. The power of nature and of the Atlantic, the hospitality, the wide range of therapies treatments, relaxation and vitality will enhance your experience in the Océano. Here time returns to its natural rhythm to highlight what is essential: living in the present and feeling in harmony with nature, beauty and oneself.

Contact

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Iberostar Anthelia

This five-star hotel located opposite Fañabé Beach, in the south of Tenerife, is ideal for enjoying an unforgettable family holiday or a getaway for two. Its services include the MAYR KUR Treatment, in MAYR KUR SPACE:

The Mayr cure seeks to regenerate the body through purging and deep detox. Because its dynamic is holistic, it not only regenerates the body, but also the soul, spirit and the intellect.
The Hotel Bahía del Duque is a haven of exclusivity and personalised service, notably its exquisite cuisine and the extraordinary Bahía Wellness Retreat, a refuge of peace and quiet ensconced in the heart of the Hotel. This unique space, featuring a unique circuit of thalassotherapy in the open air surrounded by gardens, is a sanctuary for disconnecting that offers a world of revitalizing experiences.

Bahía Wellness Retreat has a cutting-edge wellness team, so you can enjoy a 360°wellness experience. Health and energy combine with the best holistic rituals to help you achieve the best version of yourself.

Expert therapists and specialists in physiotherapy, osteopathy, acupuncture, aquatic physiotherapy, physical and sports rehabilitation, cellular and orthomolecular nutrition, fitness, meditation and yoga accompany the guest on the road to recovery and well-being, strengthening and balancing body and mind.

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The travel agency ‘...En la Gloria’, has more than 20 years of experience in the health sector. The agency’s work is focused on creating complete, bespoke travel packages for Spanish and international patients who come to Spain for medical or surgical treatment with the finest specialists and in the best health facilities or seek to undergo a non-invasive health program to improve their quality of life. The agency has the ‘360 method’ which offers patients everything they need for their trip and stay, i.e. flights, transfers, stays in the best hotels, translators, medical assistance from the best professionals, etc. The fundamental objective of ‘... En la Gloria’ is to care for patients from their origin until they return to their destination and, at the same time, to ensure that they enjoy all the comforts and attention they deserve while undergoing their health or wellness treatment in Spain.
#TenerifeHealth

Contact Tenerife Health Destination

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