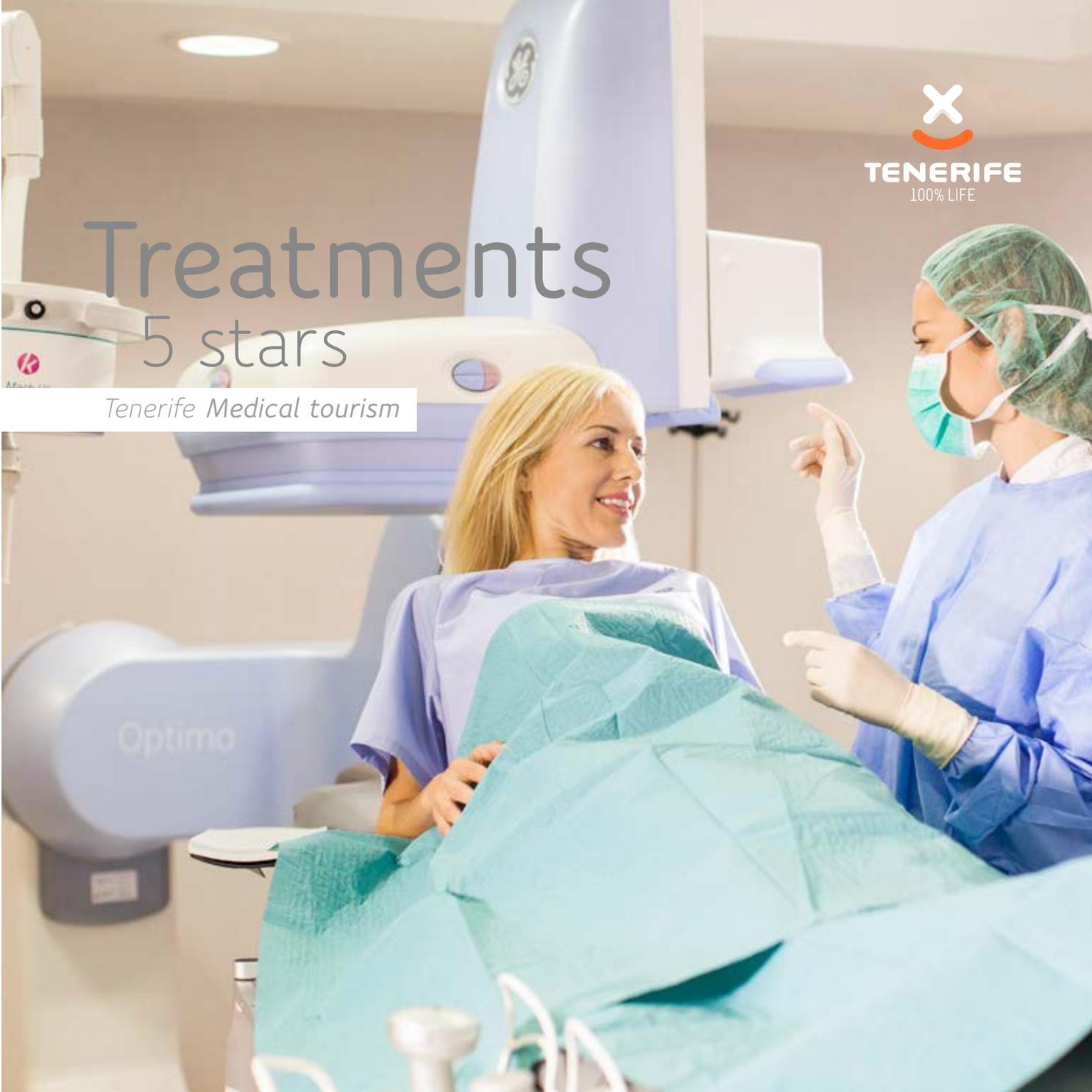


# Treatments

## 5 stars

*Tenerife Medical tourism*



# Medical tourism in Tenerife



The qualities of Tenerife as a holiday destination are known by the millions of travellers who visit every year. **An average annual temperature of 22°C**, a volcanic origin that has given rise to diverse and surprising nature, an infinity of beaches and an immense range of leisure activities are some of the major attractions.

In recent years, the island has also gained fame for being an **ideal destination for undergoing medical** or surgical procedures with maximum quality and a full guarantee. Tenerife is home to two private hospital networks where patient comfort and privacy are the top priority: **Hospiten and Quirónsalud**, as well as a network of highly-trained medical professionals and centres who make up the **Tenerife Health International Service (THIS) platform**.

These networks provide treatments that stand out for the competitive cost compared to most European and American

countries without comprising on quality - ensured by the most demanding medical and health certifications of a European Union member state. They also have an international patient care service, offering interpretation services in up to eight different languages.

Patients can combine this -which is one of the great advantages of the island compared to other destinations- with a **comfortable and relaxed luxury stay**, for either before or after the medical treatment. Under the umbrella of the **Tenerife Select** brand, exclusive 4 and 5 star accommodation, leisure centres, shows and beauty centres, theme parks, water sports companies, receptive travel agencies, boutique hotels and shopping centres form a unique health and beauty offer.

## Turismo de Tenerife

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# Hospiten

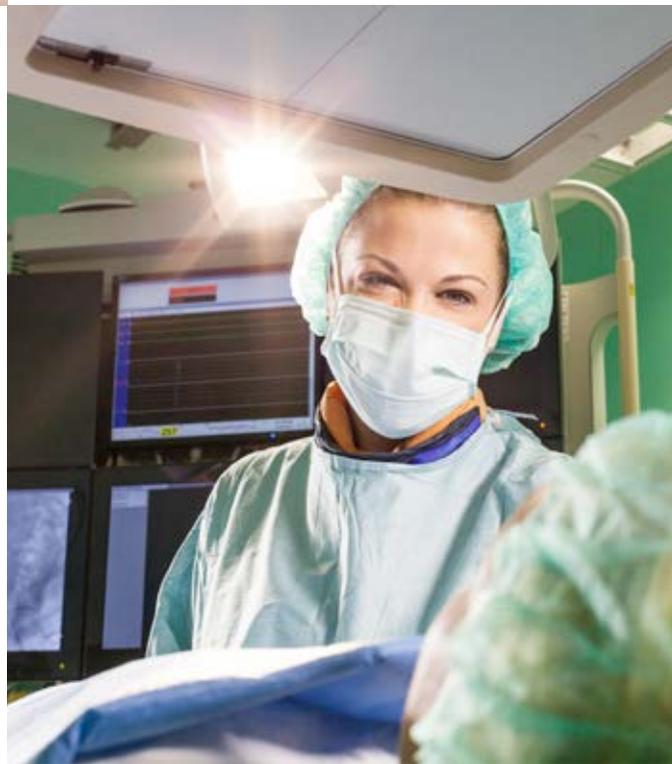
■ The **Hospiten Group** is an international medical-hospital network with over 45 years experience. It has **four centres in Tenerife**: two in Puerto de la Cruz, one in the capital, Santa Cruz de Tenerife and another in Playa de las Américas (South Tenerife) **ranked by the TOP 20 Awards as one of the best private hospitals in Spain**. It has 24 hour medical and homecare services. Services include emergency, in-patient, surgery, ICU, laboratory and x-ray diagnosis services as well as interventional cardiology, minimally invasive heart surgery, diagnosis and endoluminal therapy.

Some of the treatments offered by Hospiten include:

- **Plasma rich in growth factors.** A treatment that speeds up the healing and regeneration process applied to ligament pathologies, osteoarthritis or muscular injuries.
- **Stem cells** applied for treating musculoskeletal injuries.
- **Long-sightedness surgery and Lasik.** The first is known as 'tired eyes' whilst Lasik is used to correct short-sightedness, far-sightedness and astigmatism. Both instances involve simple out-patient operations.
- **Sports cardiovascular check up.** A comprehensive physical to check an athlete's health. It includes an electrocardiogram, echocardiogram and stress test.
- **Full medical check-up.** A set of medical check-ups with different specialists and diagnostic tests (ophthalmology, internal medicine, digestive medicine, cardiology, radiology, blood tests...).
- **Beauty treatments for the face and body performed by our Dermatology and Plastic Surgery departments:** radiofrequency, pressotherapy, application of Botox or hyaluronic acid, lipofilling, etc.
- **Dentistry:** implants and dental aesthetics.
- **Urology:** Green laser.

For more information: [www.hospiten.com](http://www.hospiten.com)

Where health is  
**EXCELLENCE**



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In EXPERT  
hands

# Quirónsalud

■ The prestigious network of **Quirónsalud hospitals** has two centres on the island, one in Santa Cruz and another in Adeje (southern area), **with the latest technological advances, including new generation operating theatres**, modern imaging diagnostic and digestive endoscopy. Outpatient clinics, rehabilitation gyms and 24-hour emergency service complete its catalogue of excellent services.

Quirónsalud stands out for its specialities of Orthopaedic Surgery, General Surgery, Digestive Tract and Paediatrics. If so desired, there is also a companion and support service for the families of those admitted into hospital.

Some of the treatments offered by Quirónsalud include:

- **Full medical check-up.** This allows illnesses to be detected before they present clinically. It includes blood tests, CAT-scan, electrocardiogram and echocardiogram.
- **Rejuvenation treatments.** Without surgery or by laser, these treatments include filling age lines to remodelling of facial volume, face lifts or photorejuvenation.
- **Beauty treatments.** Varicose veins, depigmentation, lid, nose, ear or lip procedures, body modelling, liposuction...
- **Medical-surgical procedures.** From cryotherapy to electrocoagulation, infiltrations or dermatoscopy, there is a huge selection of possible treatments in this field.
- **Dermatology procedures.** These include varicose vein sclerotherapy, mesotherapy, chemical peels, xanthelasma surgery or treatment for stretch marks.

More information: [www.quironsalud.es](http://www.quironsalud.es)



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Your holidays,  
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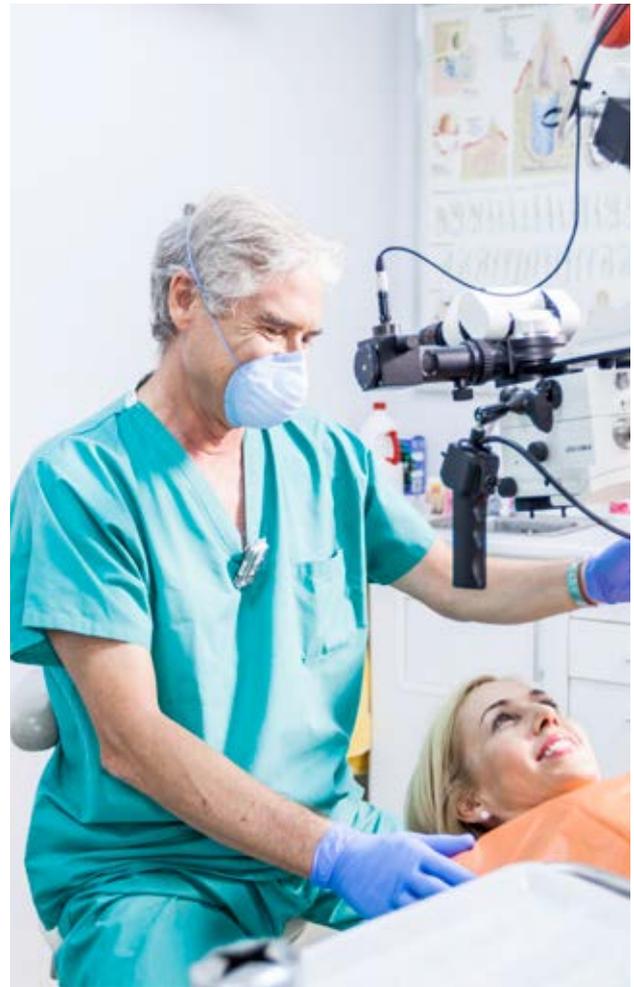
## THIS

■ **THIS, Tenerife Health International Service** is a specialised brand, organising and promoting health tourism that brings together the best medical professionals in Tenerife. THIS offers the most advanced modern services in gynaecology, dentistry, urology, ophthalmology, plastic surgery (facial, breast and body shaping), hair implants, cosmetic medicine, nutrition, weight control and laparoscopy surgery, traumatology, neurology, digestive medicine and in vitro fertilisation. They offer transport or transfer from and to medical centres by limousine, translation and interpreting companion service in several languages, virtual video call consultations, the possibility of packages and agreements with hotels, golf courses, spas, guided tours and a personal shopper.

### Some treatment highlights offered by THIS:

- **Surgical treatments:** full orthodontic implants with conscious sedation, laser surgery for short and far sightedness and astigmatism, long-sightedness and cataract surgery, neurosurgery, obesity surgery and traumatology.
- **Medical treatments:** treatments for digestive problems, treatments for fertility and in vitro insemination, neurological therapies, homecare for patients with neurological problems, treatments for sleep apnea, etc.
- **Beauty treatments:** facial and body rejuvenation using the most modern techniques, laser, nutrition, dental aesthetics and gynaecology cosmetics.
- **Surgical and beauty treatments:** these include breast surgery, rhinoplasty or tummy tucks, vaginal rejuvenation, hair implants and blepharoplasty.
- **Preventative treatments:** programmes for the early detection of urological, gynaecological, digestive, colon, mouth, neurological cancer, glaucoma, etc., using full diagnostic testing.

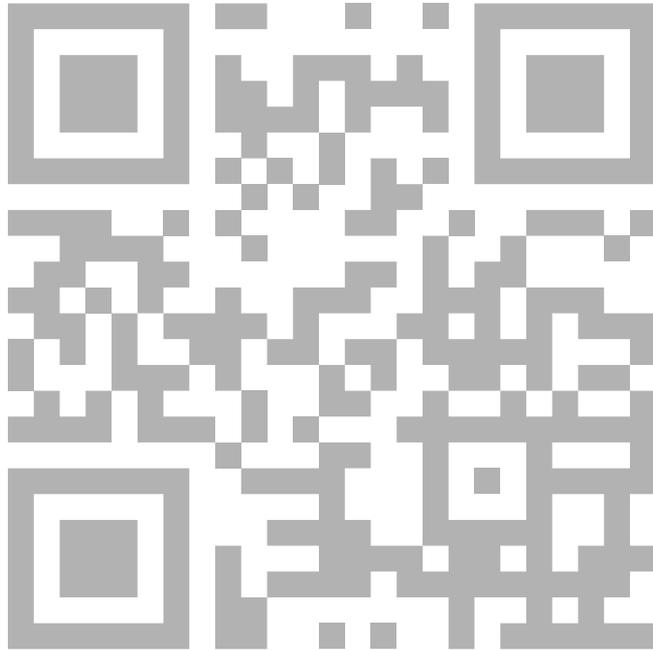
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